

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	111	Mike Yelverton	IRL	0:09:58	4	13:16	2:14	2	0:30:05	2	39.91	1:45	1	0:18:38	1	3:43	1:02:38	
2	103	Peter Lynas	GBR	0:10:04	5	13:24	2:20	3	0:29:27	1	40.77	1:57	3	0:21:14	5	4:14	1:04:59	0:02:21
3	106	James Brady	IRL	0:11:48	8	15:43	2:27	4	0:30:31	3	39.32	1:56	2	0:21:09	4	4:13	1:07:48	0:05:10
4	100	George Brear	GBR	0:09:13	1	12:16	2:03	1	0:34:58	7	34.32	2:05	6	0:20:59	3	4:11	1:09:16	0:06:38
5	104	Stefan Mcloughlin	GBR	0:11:14	6	14:58	2:44	6	0:32:18	4	37.16	2:23	10	0:23:10	7	4:37	1:11:48	0:09:10
6	109	Alex Gray	IRL	0:12:38	9	16:50	2:47	8	0:34:14	6	35.06	2:06	7	0:20:33	2	4:06	1:12:17	0:09:39
7	101	Benjamin Edwards	GBR	0:09:14	2	12:17	2:34	5	0:32:57	5	36.43	2:00	4	0:26:21	10	5:16	1:13:03	0:10:25
8	107	Frank Carty	IRL	0:09:39	3	12:52	2:46	7	0:35:56	9	33.40	2:04	5	0:22:59	6	4:35	1:13:23	0:10:45
9	108	Michael Dalton	IRL	0:11:24	7	15:11	3:28	10	0:35:38	8	33.68	2:07	8	0:23:51	8	4:46	1:16:26	0:13:48
10	110	Jack O'Halloran	IRL	0:13:58	10	18:36	2:57	9	0:37:17	10	32.20	2:12	9	0:25:26	9	5:05	1:21:48	0:19:10
DSQ	105	Patrick Reinig	GER		0			0		0			0		0			
DSQ	102	George Gilham	GBR		0			0		0			0		0			

EC: Sprint: EC Women 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	201	Victoria Johnston	GBR	0:10:22	2	13:48	2:26	2	0:33:15	1	36.11	1:52	1	0:22:41	1	4:32	1:10:34	
2	202	Lara Nyman	GBR	0:10:17	1	13:41	2:18	1	0:34:01	2	35.29	1:57	2	0:23:39	2	4:43	1:12:10	0:01:36
3	200	Venita Dabhi	GBR	0:12:39	3	16:51	2:31	3	0:36:27	3	32.92	2:03	3	0:23:54	3	4:46	1:17:32	0:06:58
DNF	203	Emma Sharkey	IRL		0			0		0			0		0			

EC: Sprint: EC Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	114	Chris Joyce	GBR	0:09:38	1	12:50	2:36	3	0:30:04	3	39.92	1:46	4	0:18:35	1	3:42	1:02:38	
2	112	Oliver Bradbury	GBR	0:11:30	3	15:19	2:21	1	0:28:22	1	42.31	1:45	3	0:19:34	2	3:54	1:03:29	0:00:51
3	113	Samuel Hatfield	GBR	0:10:59	2	14:38	2:34	2	0:28:40	2	41.88	1:41	1	0:20:14	3	4:02	1:04:07	0:01:29
4	116	Daniel Speed	GBR	0:12:52	5	17:08	2:43	5	0:31:21	4	38.29	1:47	5	0:21:06	5	4:13	1:09:48	0:07:10
5	118	Kevin Belton	IRL	0:14:23	8	19:09	2:49	6	0:34:20	5	34.96	1:43	2	0:21:04	4	4:12	1:14:16	0:11:38
6	119	Sean Gillen	IRL	0:13:54	7	18:30	2:38	4	0:35:07	7	34.18	2:31	8	0:22:46	7	4:33	1:16:54	0:14:16
7	115	Chris Smith	GBR	0:13:33	6	18:02	3:14	8	0:35:00	6	34.30	2:09	7	0:23:33	8	4:42	1:17:27	0:14:49
8	117	Patrick Sipp	GER	0:12:37	4	16:48	2:59	7	0:37:33	8	31.96	2:06	6	0:22:45	6	4:32	1:17:59	0:15:21

EC: Sprint: EC Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	208	Jenny Latham	GBR	0:11:03	3	14:43	2:24	3	0:31:52	1	37.67	1:53	2	0:20:32	1	4:06	1:07:42	
2	205	Lucy Ferguson	GBR	0:11:01	2	14:40	2:45	5	0:35:27	5	33.87	2:05	5	0:21:32	2	4:18	1:12:47	0:05:05
3	204	Emily Dove	GBR	0:12:35	8	16:46	2:20	1	0:33:10	2	36.19	1:53	1	0:22:59	5	4:35	1:12:56	0:05:14
4	213	Kelly-Anne Speight	IRL	0:12:11	6	16:13	2:24	2	0:35:25	4	33.89	1:59	3	0:22:03	3	4:24	1:13:59	0:06:17
5	212	Sinead Roche	IRL	0:12:16	7	16:20	2:28	4	0:34:39	3	34.64	2:04	4	0:22:55	4	4:34	1:14:20	0:06:38
6	207	Backy Krych	GBR	0:11:35	5	15:25	2:51	7	0:36:38	6	32.77	2:07	6	0:24:11	6	4:50	1:17:19	0:09:37
7	206	Hannah Kitchen	GBR	0:11:08	4	14:50	2:49	6	0:39:03	8	30.73	2:30	7	0:25:10	8	5:01	1:20:38	0:12:56
8	211	Katie Fitzgerald	IRL	0:12:39	9	16:51	2:55	8	0:38:20	7	31.31	2:40	8	0:24:37	7	4:55	1:21:09	0:13:27
9	210	Doireann Barnicle	IRL	0:10:53	1	14:30	3:33	9	0:39:36	9	30.30	3:38	9	0:30:50	9	6:09	1:28:29	0:20:47
DNF	209	Sarah Rhodes	GBR		0			0		0			0		0			

EC: Sprint: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	145	Conor Murphy	IRL	0:09:15	1	12:18	2:04	1	0:29:48	7	40.27	1:31	1	0:18:03	1	3:36	1:00:39	
2	191	Nick Dunn	GBR	0:10:24	6	13:51	2:14	2	0:29:04	2	41.30	1:36	2	0:19:10	2	3:49	1:02:25	0:01:46
3	120	Nicolas Leroy	FRA	0:10:06	3	13:27	2:18	4	0:29:36	4	40.55	1:45	4	0:19:44	6	3:56	1:03:27	0:02:48
4	133	Thomas Winkelmann	GER	0:10:00	2	13:19	2:29	12	0:29:47	6	40.31	1:58	19	0:19:46	7	3:57	1:03:58	0:03:19
5	189	Brian Jenkins	IRL	0:11:33	15	15:24	2:15	3	0:29:03	1	41.33	1:47	5	0:19:31	5	3:54	1:04:07	0:03:28

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
6	146	Mark O'Duffy	IRL	0:11:26	12	15:14	2:22	7	0:30:26	11	39.43	1:55	16	0:20:03	9	4:00	1:06:11	0:05:32
7	141	Noel Kavanagh	IRL	0:12:39	21	16:50	2:27	9	0:30:26	10	39.44	1:38	3	0:19:11	3	3:50	1:06:18	0:05:39
8	121	Robert Biddlecombe	GBR	0:11:12	9	14:54	2:34	15	0:30:25	9	39.46	1:50	10	0:20:30	11	4:05	1:06:29	0:05:50
9	127	Oliver Jones	GBR	0:11:17	10	15:02	2:34	14	0:29:43	5	40.40	1:52	14	0:21:07	19	4:13	1:06:31	0:05:52
10	129	Oliver Mann	GBR	0:10:34	8	14:05	2:29	10	0:30:51	12	38.92	1:51	13	0:20:59	16	4:11	1:06:42	0:06:03
11	131	Simon Thornton	GBR	0:11:27	13	15:15	2:18	5	0:31:59	18	37.53	1:47	6	0:19:24	4	3:52	1:06:54	0:06:15
12	132	Will Usher	GBR	0:10:21	4	13:47	2:29	11	0:32:04	19	37.42	1:48	8	0:20:40	14	4:07	1:07:21	0:06:42
13	122	Neil Cooper	GBR	0:10:28	7	13:57	2:42	19	0:29:10	3	41.16	2:02	21	0:23:06	24	4:37	1:07:26	0:06:47
14	137	Ronan Foolkes	IRL	0:12:01	16	16:00	2:21	6	0:31:16	13	38.40	1:50	9	0:20:31	12	4:06	1:07:56	0:07:17
15	123	Dan Falconar	GBR	0:12:51	23	17:07	2:33	13	0:29:53	8	40.17	1:57	18	0:21:00	17	4:12	1:08:13	0:07:34
16	136	James Curran	IRL	0:12:15	19	16:18	2:43	20	0:31:29	15	38.12	1:51	11	0:20:00	8	3:59	1:08:15	0:07:36
17	147	Carl Russell	IRL	0:11:31	14	15:20	2:45	21	0:31:24	14	38.22	2:34	27	0:20:51	15	4:10	1:09:03	0:08:24
18	126	Philip Jameson	GBR	0:10:23	5	13:49	2:36	16	0:33:01	23	36.35	1:54	15	0:21:21	20	4:16	1:09:13	0:08:34
19	138	Micheal Gaffey	IRL	0:12:48	22	17:03	2:39	18	0:31:31	16	38.09	1:48	7	0:21:07	18	4:13	1:09:50	0:09:11
20	125	Kenneth Few	GBR	0:12:01	17	16:01	3:14	27	0:31:48	17	37.74	1:51	12	0:21:34	21	4:18	1:10:27	0:09:48
21	135	Gary Byrne	IRL	0:13:01	24	17:20	2:38	17	0:32:56	22	36.45	2:07	24	0:20:36	13	4:07	1:11:15	0:10:36
22	140	Mark Jeffers	IRL	0:12:05	18	16:06	2:46	24	0:32:21	20	37.11	2:04	23	0:22:05	22	4:24	1:11:19	0:10:40
23	134	Adrian Boyle	IRL	0:12:26	20	16:33	2:46	23	0:33:53	25	35.43	1:55	17	0:20:26	10	4:05	1:11:24	0:10:45
24	142	Marcus Madden	IRL	0:13:51	26	18:26	2:26	8	0:32:39	21	36.77	2:17	26	0:22:32	23	4:30	1:13:42	0:13:03
25	144	Alan Mitchell	IRL	0:11:24	11	15:10	2:53	25	0:34:49	26	34.48	2:03	22	0:23:17	25	4:39	1:14:24	0:13:45
26	124	Chris Farr	GBR	0:13:34	25	18:04	3:09	26	0:33:40	24	35.65	2:01	20	0:25:15	27	5:02	1:17:37	0:16:58
27	139	Kevin Francis Harrington	IRL	0:14:50	27	19:46	2:46	22	0:36:53	27	32.55	2:07	25	0:24:45	26	4:56	1:21:18	0:20:39
DNF	143	Oisin McLoughlin	IRL		0			0		0			0		0			
DNF	130	Chris Scott	GBR		0			0		0			0		0			
DNF	128	William Kirstein	GBR		0			0		0			0		0			

EC: Sprint: EC Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	222	Emma Pearson	GBR	0:11:11	2	14:54	2:37	1	0:33:35	1	35.75	1:49	1	0:21:51	1	4:22	1:11:01	
2	221	Lynsey Henderson	GBR	0:10:50	1	14:25	2:56	5	0:34:47	4	34.51	2:08	3	0:24:30	7	4:53	1:15:09	0:04:08
3	214	Kirsty Anderson	GBR	0:11:29	3	15:17	3:28	13	0:33:38	2	35.69	2:26	12	0:24:25	5	4:52	1:15:23	0:04:22
4	225	Catherine Brown	IRL	0:11:37	4	15:28	2:42	2	0:36:25	8	32.95	2:11	5	0:24:31	8	4:54	1:17:24	0:06:23
5	216	Anna Burns	GBR	0:13:07	8	17:28	2:45	3	0:34:50	5	34.45	2:11	6	0:24:54	9	4:58	1:17:45	0:06:44
6	223	Gemma Tune	GBR	0:13:11	9	17:34	2:59	6	0:36:10	7	33.19	2:24	10	0:23:46	4	4:45	1:18:28	0:07:27
7	218	Hannah Dallison	GBR	0:14:42	13	19:35	3:18	12	0:35:44	6	33.59	2:06	2	0:23:15	2	4:38	1:19:03	0:08:02
8	219	Marianne Day	GBR	0:11:45	5	15:38	2:50	4	0:36:39	9	32.75	2:11	7	0:26:12	12	5:14	1:19:35	0:08:34
9	215	Debbie Barnett	GBR	0:13:23	10	17:50	3:09	10	0:34:40	3	34.63	2:25	11	0:26:01	11	5:12	1:19:36	0:08:35
10	217	Natalie Chandler	GBR	0:12:35	6	16:46	3:08	9	0:37:02	10	32.42	2:17	8	0:24:54	10	4:58	1:19:54	0:08:53
11	256	Gemma Farrell	GBR	0:14:51	14	19:48	3:02	7	0:37:44	11	31.81	2:08	4	0:23:24	3	4:40	1:21:07	0:10:06
12	226	Laura Keane	IRL	0:14:13	12	18:56	3:04	8	0:38:06	12	31.50	2:22	9	0:24:28	6	4:53	1:22:12	0:11:11
13	224	Louise Whyte	GBR	0:13:04	7	17:25	3:18	11	0:38:57	13	30.82	2:29	13	0:27:58	13	5:35	1:25:44	0:14:43
14	227	Linda Sweeney	IRL	0:14:03	11	18:42	4:44	14	0:42:15	14	28.41	2:39	14	0:32:18	14	6:27	1:35:57	0:24:56

EC: Sprint: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	184	Mark Nolan	IRL	0:11:33	11	15:23	2:13	1	0:28:10	1	42.60	1:41	3	0:18:28	1	3:41	1:02:04	
2	181	Joe Lynch	IRL	0:12:08	16	16:10	2:14	2	0:29:09	2	41.17	1:34	1	0:18:46	2	3:45	1:03:49	0:01:45
3	169	Robert Downes	IRL	0:10:26	1	13:53	2:18	3	0:29:19	3	40.95	1:47	4	0:20:06	8	4:01	1:03:54	0:01:50
4	177	Mark Horan	IRL	0:11:20	10	15:05	2:32	14	0:29:22	4	40.87	1:54	12	0:19:33	3	3:54	1:04:39	0:02:35
5	163	Gary Wilson	GBR	0:10:33	4	14:03	2:25	5	0:30:44	8	39.06	1:59	15	0:19:52	4	3:58	1:05:31	0:03:27
6	158	James Nunn	GBR	0:11:34	12	15:24	2:32	12	0:30:58	10	38.76	1:49	6	0:20:01	6	4:00	1:06:51	0:04:47

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
7	156	John Mason	GBR	0:10:44	6	14:18	2:32	13	0:31:42	17	37.87	1:54	11	0:20:29	10	4:05	1:07:19	0:05:15
8	161	Andrew Wallace	GBR	0:10:32	3	14:02	2:30	8	0:31:18	15	38.34	1:59	16	0:21:07	15	4:13	1:07:24	0:05:20
9	159	Kristopher Rush	GBR	0:11:36	13	15:28	2:40	20	0:31:14	14	38.43	1:41	2	0:20:30	12	4:05	1:07:39	0:05:35
10	186	Brian Roche	IRL	0:13:08	24	17:29	2:24	4	0:30:25	6	39.47	2:05	23	0:20:17	9	4:03	1:08:17	0:06:13
11	153	Harry James	GBR	0:12:40	21	16:52	2:31	11	0:29:46	5	40.31	2:00	17	0:21:34	19	4:18	1:08:30	0:06:26
12	170	Dessie Duffy	IRL	0:12:16	18	16:20	2:37	17	0:31:10	13	38.52	2:09	25	0:20:29	11	4:05	1:08:39	0:06:35
13	157	Graham Murphy	GBR	0:10:39	5	14:11	2:29	7	0:32:34	27	36.86	1:49	5	0:21:38	22	4:19	1:09:07	0:07:03
14	151	Philip Curtis	GBR	0:10:50	8	14:25	2:39	19	0:32:12	23	37.28	2:22	31	0:21:30	18	4:17	1:09:31	0:07:27
15	165	Marc Butler	IRL	0:13:24	26	17:51	2:30	9	0:30:54	9	38.84	2:07	24	0:21:07	14	4:13	1:10:00	0:07:56
16	154	Mark Joyce	GBR	0:12:16	19	16:21	2:47	26	0:32:03	21	37.46	1:51	9	0:21:09	16	4:13	1:10:05	0:08:01
17	152	Chris Hill	GBR	0:11:44	14	15:38	2:45	24	0:31:38	16	37.94	2:25	33	0:21:35	20	4:19	1:10:05	0:08:01
18	150	Matt Brentley	GBR	0:10:30	2	13:59	2:42	21	0:32:37	29	36.81	2:02	18	0:22:35	28	4:30	1:10:23	0:08:19
19	168	Joseph Doherty	IRL	0:11:09	9	14:50	2:59	31	0:31:03	11	38.66	2:16	30	0:23:10	30	4:37	1:10:34	0:08:30
20	185	John Paul O'Brien	IRL	0:12:13	17	16:16	2:54	29	0:32:35	28	36.85	2:03	20	0:20:59	13	4:11	1:10:41	0:08:37
21	148	Thomas Bennett	GBR	0:12:44	22	16:58	2:39	18	0:30:36	7	39.23	2:15	29	0:22:32	27	4:30	1:10:44	0:08:40
22	180	Andrew Kinane	IRL	0:14:06	29	18:47	2:48	27	0:31:58	20	37.55	2:02	19	0:20:05	7	4:00	1:10:57	0:08:53
23	187	Thomas Walsh	IRL	0:12:06	15	16:07	2:44	23	0:32:14	24	37.24	1:57	14	0:22:01	24	4:24	1:11:01	0:08:57
24	174	Aidan Gorry	IRL	0:14:02	28	18:41	2:53	28	0:32:33	26	36.87	2:04	21	0:19:56	5	3:59	1:11:26	0:09:22
25	160	Jonathan Walford	GBR	0:12:58	23	17:16	3:02	32	0:31:05	12	38.61	2:10	26	0:22:24	26	4:28	1:11:37	0:09:33
26	183	Philip Manuel	IRL	0:14:11	30	18:54	2:33	16	0:31:46	18	37.79	1:55	13	0:21:54	23	4:22	1:12:17	0:10:13
27	176	Derek Hayden	IRL	0:13:20	25	17:46	2:30	10	0:32:04	22	37.43	1:51	8	0:22:41	29	4:32	1:12:25	0:10:21
28	155	Bruce Mac Lean	GBR	0:10:47	7	14:22	3:12	33	0:32:40	30	36.75	2:13	28	0:24:08	31	4:49	1:12:59	0:10:55
29	188	Eoin Ward	IRL	0:15:07	33	20:08	2:27	6	0:32:29	25	36.94	1:50	7	0:21:17	17	4:15	1:13:08	0:11:04
30	171	James Dunphy	IRL	0:15:04	32	20:05	2:32	15	0:31:53	19	37.65	1:52	10	0:22:18	25	4:27	1:13:37	0:11:33
31	179	Noel Keleghan	IRL	0:12:18	20	16:23	2:44	22	0:34:31	33	34.77	2:04	22	0:24:36	33	4:55	1:16:12	0:14:08
32	162	Bradley Wilson	GBR	0:14:01	27	18:40	3:30	35	0:33:09	31	36.20	2:24	32	0:24:28	32	4:53	1:17:30	0:15:26
33	182	Anthony Maguire	IRL	0:18:11	35	24:14	2:46	25	0:34:12	32	35.09	2:11	27	0:21:36	21	4:19	1:18:54	0:16:50
34	172	Alan Fitzpatrick	IRL	0:14:56	31	19:53	3:23	34	0:35:00	34	34.30	2:34	34	0:24:58	34	4:59	1:20:48	0:18:44
35	173	Eugene Forde	IRL	0:15:12	34	20:15	2:59	30	0:38:49	36	30.92	3:13	36	0:28:58	35	5:47	1:29:09	0:27:05
36	166	Garret Carragher	IRL	0:20:22	36	27:08	3:57	36	0:38:38	35	31.07	3:03	35	0:29:26	36	5:53	1:35:24	0:33:20
DNF	167	Michael Deasy	IRL		0			0		0			0		0			
DNF	175	Darragh Halpenny	IRL		0			0		0			0		0			
DNF	178	Kevin Keane	IRL		0			0		0			0		0			
DNF	149	Andrew Bloxam	GBR		0			0		0			0		0			
DSQ	164	Brian Bonham	IRL		0			0		0			0		0			

EC: Sprint: EC Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	246	Elizabeth Lee	IRL	0:11:10	1	14:52	2:26	2	0:35:15	11	34.06	1:51	1	0:20:19	1	4:03	1:10:59	
2	237	Anna Turvey	GBR	0:12:52	6	17:08	2:45	6	0:32:36	1	36.81	2:03	4	0:21:04	2	4:12	1:11:19	0:00:20
3	248	Aoife Lynch	IRL	0:12:13	2	16:16	2:24	1	0:33:33	4	35.78	2:07	6	0:22:20	5	4:27	1:12:35	0:01:36
4	253	Emma Quirke	IRL	0:12:15	4	16:19	3:12	20	0:33:21	3	36.00	2:05	5	0:22:56	7	4:35	1:13:46	0:02:47
5	234	Claire Nichols	GBR	0:13:45	9	18:19	3:01	12	0:35:26	12	33.87	2:14	14	0:21:20	3	4:15	1:15:45	0:04:46
6	243	Siobhain Duggan	IRL	0:12:32	5	16:42	2:42	4	0:33:19	2	36.02	2:10	9	0:25:09	14	5:01	1:15:51	0:04:52
7	229	Rebecca Brand	GBR	0:14:03	12	18:44	3:11	19	0:33:51	5	35.46	2:10	7	0:23:08	8	4:37	1:16:20	0:05:21
8	245	Rachel Glendon	IRL	0:12:13	3	16:16	2:30	3	0:34:42	10	34.59	2:13	10	0:26:33	21	5:18	1:18:09	0:07:10
9	255	Tara Whyte	IRL	0:14:21	17	19:07	3:05	14	0:36:20	15	33.04	1:55	3	0:22:53	6	4:34	1:18:33	0:07:34
10	233	Jennifer Moffat	GBR	0:14:13	15	18:57	3:05	15	0:33:53	6	35.43	2:22	19	0:25:36	17	5:07	1:19:08	0:08:09
11	254	Sinead Wearen	IRL	0:16:02	23	21:21	2:49	7	0:34:06	7	35.19	2:10	8	0:24:11	9	4:50	1:19:16	0:08:17
12	232	Sarah Janes	GBR	0:14:15	16	18:59	2:55	9	0:34:09	9	35.15	2:18	16	0:25:51	18	5:10	1:19:25	0:08:26
13	251	Aileen O Reilly	IRL	0:14:49	21	19:44	2:44	5	0:34:07	8	35.19	2:37	23	0:25:51	19	5:10	1:20:06	0:09:07
14	244	Maire Fox	IRL	0:14:22	18	19:08	3:41	25	0:36:31	17	32.86	2:20	17	0:24:53	12	4:58	1:21:46	0:10:47

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
15	235	Samantha Rankin	GBR	0:13:05	7	17:26	2:58	10	0:36:22	16	33.00	2:13	11	0:27:26	23	5:29	1:22:04	0:11:05
16	241	Susan Brady	IRL	0:16:04	24	21:24	3:08	16	0:39:03	23	30.74	2:15	15	0:22:18	4	4:27	1:22:45	0:11:46
17	231	Kirstie Hamilton	GBR	0:14:12	14	18:56	3:03	13	0:35:49	13	33.52	2:32	22	0:27:13	22	5:26	1:22:48	0:11:49
18	238	Rosemary Watson	GBR	0:14:28	19	19:16	3:41	26	0:36:20	14	33.04	2:14	12	0:26:16	20	5:15	1:22:57	0:11:58
19	239	Lindsay Woodford	GBR	0:14:03	11	18:43	3:10	18	0:38:02	19	31.56	2:14	13	0:25:34	16	5:06	1:23:02	0:12:03
20	236	Natalie Snow	GBR	0:14:06	13	18:47	3:35	23	0:38:07	21	31.49	2:48	26	0:25:01	13	5:00	1:23:34	0:12:35
21	250	Helen Murphy	IRL	0:13:55	10	18:32	3:15	21	0:40:17	25	29.79	1:54	2	0:24:18	10	4:51	1:23:38	0:12:39
22	249	Sinead Moffatt	IRL	0:14:53	22	19:49	2:51	8	0:39:16	24	30.56	2:20	18	0:24:44	11	4:56	1:24:02	0:13:03
23	247	Aoife Logan	IRL	0:13:22	8	17:48	3:09	17	0:37:44	18	31.80	2:23	20	0:29:27	24	5:53	1:26:03	0:15:04
24	228	Caroline Bell	GBR	0:17:15	25	22:59	3:01	11	0:38:19	22	31.32	2:25	21	0:25:17	15	5:03	1:26:15	0:15:16
25	242	Julia Carroll	IRL	0:14:34	20	19:24	3:21	22	0:38:04	20	31.53	2:47	25	0:30:31	25	6:06	1:29:16	0:18:17
26	252	Ciara O'Brien	IRL	0:19:33	26	26:03	3:36	24	0:41:03	26	29.24	2:37	24	0:31:16	26	6:15	1:38:02	0:27:03
DNF	230	Lucy Chatfield	GBR		0			0		0			0		0			
DSQ	240	Sharon Bates	IRL		0			0		0			0		0			

EC: Sprint: EC Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	310	Stephen Mavin	GBR	0:09:03	1	12:03	2:32	13	0:30:39	7	39.16	1:41	1	0:21:03	11	4:12	1:04:57	
2	316	Tony Weed	GBR	0:10:08	3	13:30	2:17	2	0:29:48	3	40.28	1:49	3	0:21:05	12	4:12	1:05:06	0:00:09
3	309	Toby Matthewson	GBR	0:10:55	8	14:32	2:57	29	0:30:28	6	39.40	2:06	17	0:18:55	1	3:46	1:05:20	0:00:23
4	307	Paul James	GBR	0:10:33	4	14:02	2:24	6	0:29:49	4	40.26	1:51	4	0:20:51	9	4:10	1:05:26	0:00:29
5	311	David McDougall	GBR	0:10:43	5	14:16	2:22	4	0:30:15	5	39.69	1:53	7	0:20:54	10	4:10	1:06:04	0:01:07
6	300	Stuart Archer	GBR	0:10:51	7	14:27	2:19	3	0:31:07	9	38.58	1:52	5	0:20:12	3	4:02	1:06:20	0:01:23
7	305	Richard Hamilton	GBR	0:12:40	14	16:52	2:28	9	0:29:36	2	40.55	2:01	14	0:20:28	8	4:05	1:07:10	0:02:13
8	324	Paul Dunne	IRL	0:12:57	19	17:15	2:25	7	0:29:32	1	40.63	2:08	19	0:22:03	22	4:24	1:09:03	0:04:06
9	330	Gareth McCormack	IRL	0:13:36	23	18:07	2:15	1	0:31:06	8	38.59	1:48	2	0:20:26	6	4:05	1:09:09	0:04:12
10	304	Matthew Gallop	GBR	0:10:05	2	13:26	2:27	8	0:33:45	25	35.56	2:08	20	0:21:08	13	4:13	1:09:31	0:04:34
11	340	Victor Thompson	IRL	0:11:45	9	15:39	2:37	17	0:32:04	11	37.42	2:09	21	0:21:27	14	4:17	1:10:00	0:05:03
12	306	Ashley Howes	GBR	0:12:43	15	16:57	2:36	16	0:33:05	20	36.27	1:53	8	0:20:23	5	4:04	1:10:38	0:05:41
13	314	Andrew Shaw	GBR	0:12:50	17	17:06	2:30	11	0:32:30	15	36.93	1:52	6	0:21:52	19	4:22	1:11:32	0:06:35
14	312	Daniel Powell	GBR	0:12:00	11	15:59	2:28	10	0:31:55	10	37.61	2:11	24	0:23:24	31	4:40	1:11:55	0:06:58
15	318	Sean Barry	IRL	0:14:33	28	19:22	2:59	30	0:32:25	14	37.02	2:31	36	0:19:51	2	3:58	1:12:17	0:07:20
16	308	Robbie Macnab	GBR	0:10:45	6	14:19	2:46	21	0:32:51	17	36.53	2:09	23	0:23:46	33	4:45	1:12:17	0:07:20
17	317	Adrian Wyatt	GBR	0:12:52	18	17:08	2:56	28	0:32:21	13	37.11	2:21	30	0:22:08	24	4:25	1:12:36	0:07:39
18	326	Dermot Hickey	IRL	0:12:01	12	16:00	2:30	12	0:34:11	31	35.11	2:32	37	0:21:56	20	4:23	1:13:08	0:08:11
19	303	Gerry Frewin	GBR	0:13:06	21	17:27	3:11	35	0:34:28	32	34.83	2:01	15	0:20:27	7	4:05	1:13:11	0:08:14
20	334	Michael Murphy	IRL	0:15:30	35	20:40	2:40	19	0:32:51	16	36.55	1:57	11	0:20:17	4	4:03	1:13:13	0:08:16
21	315	David Tierney	GBR	0:13:06	20	17:26	2:56	27	0:32:59	19	36.39	2:09	22	0:22:07	23	4:25	1:13:14	0:08:17
22	331	Paul McGirr	IRL	0:14:19	25	19:04	2:49	22	0:33:26	22	35.90	1:55	9	0:21:39	17	4:19	1:14:06	0:09:09
23	301	Angus Beaumont	GBR	0:15:16	34	20:20	3:01	31	0:32:16	12	37.19	1:59	13	0:21:37	15	4:19	1:14:07	0:09:10
24	339	Mark Quinn	IRL	0:12:48	16	17:03	2:42	20	0:34:10	30	35.14	1:59	12	0:23:00	29	4:35	1:14:36	0:09:39
25	302	Scott Curley	GBR	0:14:56	32	19:53	2:33	15	0:33:07	21	36.25	2:03	16	0:22:01	21	4:24	1:14:38	0:09:41
26	333	Eoghan Mooney	IRL	0:12:39	13	16:51	3:11	37	0:33:59	28	35.32	2:14	25	0:23:01	30	4:36	1:15:03	0:10:06
27	323	Dermot Duffy	IRL	0:14:27	27	19:15	2:33	14	0:33:38	24	35.69	2:07	18	0:22:50	28	4:33	1:15:33	0:10:36
28	327	Pauric Kelly	IRL	0:14:41	30	19:34	2:38	18	0:33:58	27	35.34	2:17	27	0:22:38	26	4:31	1:16:11	0:11:14
29	329	Karl McCann	IRL	0:13:23	22	17:49	3:11	36	0:34:06	29	35.20	2:20	29	0:23:37	32	4:43	1:16:34	0:11:37
30	336	Jack Olden	IRL	0:11:59	10	15:57	2:53	24	0:32:54	18	36.48	2:29	35	0:27:02	37	5:24	1:17:16	0:12:19
31	338	David Osborne	IRL	0:18:06	38	24:06	2:22	5	0:33:29	23	35.85	1:56	10	0:21:42	18	4:20	1:17:33	0:12:36
32	328	Dave Martin	IRL	0:14:40	29	19:32	2:55	26	0:33:52	26	35.44	2:24	32	0:25:02	35	5:00	1:18:51	0:13:54
33	325	Niall Heffernan	IRL	0:14:52	31	19:48	2:49	23	0:36:34	35	32.82	2:19	28	0:22:36	25	4:31	1:19:08	0:14:11
34	319	Gordon Brett	IRL	0:16:20	37	21:46	3:08	34	0:35:47	34	33.54	2:26	34	0:22:40	27	4:31	1:20:20	0:15:23
35	335	Aaron Nulty	IRL	0:14:25	26	19:12	3:07	33	0:36:41	36	32.72	2:22	31	0:24:27	34	4:53	1:21:00	0:16:03

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
36	320	Liam Byrne	IRL	0:20:39	39	27:31	2:55	25	0:35:34	33	33.75	2:16	26	0:21:37	16	4:19	1:22:59	0:18:02
37	322	Stuart Curtis	IRL	0:13:48	24	18:24	3:34	38	0:37:48	37	31.76	2:39	39	0:26:37	36	5:19	1:24:23	0:19:26
38	321	Kenneth Collins	IRL	0:14:58	33	19:56	3:06	32	0:37:50	38	31.72	2:37	38	0:27:19	38	5:27	1:25:49	0:20:52
39	337	David O'Prey	IRL	0:15:31	36	20:40	3:36	39	0:38:20	39	31.31	2:25	33	0:28:48	39	5:45	1:28:38	0:23:41
DNF	332	Andrew McGuinness	IRL		0			0		0			0		0			
DNF	313	Stuart Reilly	GBR		0			0		0			0		0			

EC: Sprint: EC Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	418	Marie Stansmore	GBR	0:11:43	1	15:36	2:28	1	0:34:20	2	34.96	2:05	6	0:21:35	2	4:18	1:12:09	
2	409	Michelle Lloyd	GBR	0:12:13	3	16:16	2:35	4	0:35:41	9	33.64	2:04	4	0:22:42	4	4:32	1:15:13	0:03:04
3	429	Cathy Wyse	IRL	0:15:14	23	20:18	2:47	8	0:33:37	1	35.70	2:21	19	0:22:05	3	4:24	1:16:03	0:03:54
4	411	Astrid Mckeown	GBR	0:13:10	6	17:33	2:54	12	0:37:26	21	32.06	2:07	10	0:21:03	1	4:12	1:16:39	0:04:30
5	413	Jo Perriam	GBR	0:13:15	7	17:39	2:42	7	0:34:28	3	34.82	2:06	8	0:24:22	11	4:52	1:16:52	0:04:43
6	401	Emma Bexson	GBR	0:13:19	9	17:45	2:49	9	0:35:33	7	33.76	1:58	1	0:23:27	8	4:41	1:17:04	0:04:55
7	403	Harriet Chettleburgh	GBR	0:13:18	8	17:43	2:28	2	0:36:39	17	32.76	2:03	3	0:23:11	6	4:38	1:17:38	0:05:29
8	425	Margaret Kelly	IRL	0:13:33	13	18:03	2:51	11	0:35:52	11	33.47	2:15	15	0:23:24	7	4:40	1:17:53	0:05:44
9	416	Clare Scott	GBR	0:14:00	16	18:39	2:40	5	0:34:34	4	34.73	2:08	11	0:24:50	14	4:57	1:18:09	0:06:00
10	406	Heather Grimes	GBR	0:13:24	11	17:50	2:33	3	0:35:43	10	33.60	2:02	2	0:24:35	12	4:54	1:18:15	0:06:06
11	410	Jo Malpass	GBR	0:14:13	17	18:57	2:57	14	0:36:11	12	33.18	2:07	9	0:22:55	5	4:34	1:18:22	0:06:13
12	423	Aileen Flynn	IRL	0:14:18	18	19:03	3:04	17	0:35:05	6	34.21	2:21	20	0:24:00	9	4:47	1:18:46	0:06:37
13	427	Fionnuala Ni Bhrodaigh	IRL		0			0		0			0	9:29:55	27	53:59	1:19:52	0:07:43
14	404	Catherine French	GBR	0:13:29	12	17:58	2:50	10	0:36:15	13	33.11	2:14	13	0:25:16	19	5:03	1:20:03	0:07:54
15	417	Rebecca Sore	GBR	0:14:25	19	19:12	3:11	20	0:35:03	5	34.25	2:31	23	0:25:12	17	5:02	1:20:19	0:08:10
16	420	Gisela Koch	GER	0:13:51	15	18:27	2:59	15	0:35:40	8	33.66	2:24	21	0:26:18	23	5:15	1:21:10	0:09:01
17	408	Fiona Laffan	GBR	0:15:03	21	20:02	3:23	26	0:36:40	18	32.73	2:11	12	0:25:09	16	5:01	1:22:24	0:10:15
18	407	Kerrise James	GBR	0:16:36	26	22:07	3:21	25	0:36:31	15	32.87	2:19	17	0:24:10	10	4:49	1:22:55	0:10:46
19	400	Louise Bennett	GBR	0:15:04	22	20:04	3:24	27	0:36:28	14	32.92	2:15	14	0:25:51	21	5:10	1:23:00	0:10:51
20	426	Deborah Meghen	IRL	0:13:21	10	17:47	3:01	16	0:39:12	25	30.62	2:19	18	0:25:20	20	5:03	1:23:12	0:11:03
21	419	Madelein Van De Merwe	GBR	0:13:02	4	17:22	3:07	18	0:38:30	23	31.17	2:40	25	0:26:07	22	5:13	1:23:25	0:11:16
22	422	Breda Daly	IRL	0:15:00	20	19:59	2:41	6	0:37:15	19	32.22	2:05	5	0:26:39	24	5:19	1:23:37	0:11:28
23	421	Cheryl Kathleen Cardwell	IRL	0:15:27	24	20:35	3:18	24	0:37:21	20	32.14	2:57	26	0:25:15	18	5:02	1:24:16	0:12:07
24	412	Melanie Nicholls	GBR	0:13:04	5	17:24	3:14	22	0:40:51	26	29.38	2:27	22	0:25:00	15	4:59	1:24:35	0:12:26
25	424	Helen French	IRL	0:18:04	27	24:05	3:10	19	0:38:02	22	31.56	2:15	16	0:24:50	13	4:57	1:26:21	0:14:12
26	428	Geraldine O'Shea	IRL	0:15:27	25	20:35	3:12	21	0:38:49	24	30.92	2:06	7	0:27:12	25	5:26	1:26:44	0:14:35
27	415	Melanie Ryding	GBR	0:13:49	14	18:25	3:16	23	0:36:37	16	32.79	2:40	24	0:31:47	26	6:21	1:28:07	0:15:58
DNF	405	Lisa Greenfield	GBR	0:11:50	2	15:46	2:54	13		0			0		0			
DNF	402	Helen Cassidy	GBR		0			0		0			0		0			
DNF	485	Sharon Perry	GBR		0			0		0			0		0			

EC: Sprint: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	349	Alan Harris	GBR	0:11:53	5	15:50	2:25	3	0:30:03	6	39.94	1:54	4	0:20:06	5	4:01	1:06:20	
2	353	Steve Mckeown	GBR	0:11:54	6	15:51	2:22	2	0:30:31	8	39.32	2:02	11	0:19:39	1	3:55	1:06:27	0:00:07
3	345	Jon Darwent	GBR	0:12:02	8	16:02	2:27	4	0:31:23	10	38.24	1:40	2	0:19:44	2	3:56	1:07:15	0:00:55
4	356	Dean Ratcliffe	GBR	0:11:10	1	14:52	2:51	18	0:29:26	4	40.78	2:08	16	0:21:51	17	4:22	1:07:24	0:01:04
5	346	Peter Evans	GBR	0:12:51	18	17:07	2:46	12	0:29:04	1	41.29	2:06	14	0:21:27	11	4:17	1:08:13	0:01:53
6	358	James Whale	GBR	0:12:20	13	16:26	3:04	25	0:30:15	7	39.68	1:57	6	0:20:57	7	4:11	1:08:31	0:02:11
7	370	Paul McConnellogue	IRL	0:11:16	2	15:00	2:43	9	0:30:50	9	38.93	1:59	9	0:22:14	20	4:26	1:09:00	0:02:40
8	352	Stephen Lloyd	GBR	0:12:07	11	16:08	2:51	19	0:29:50	5	40.23	2:17	26	0:22:14	19	4:26	1:09:18	0:02:58
9	364	David Fagan	IRL	0:14:43	28	19:36	2:44	10	0:29:08	2	41.20	2:08	17	0:21:02	8	4:12	1:09:43	0:03:23

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
10	378	Eamonn Tilley	IRL	0:12:45	16	16:59	2:37	8	0:32:12	14	37.28	1:38	1	0:20:35	6	4:06	1:09:45	0:03:25
11	348	Vincent Halpern	GBR	0:14:27	24	19:15	2:56	22	0:29:20	3	40.92	2:01	10	0:21:04	9	4:12	1:09:47	0:03:27
12	347	Nick Grimer	GBR	0:12:49	17	17:04	2:50	16	0:32:44	21	36.67	2:06	13	0:19:45	3	3:57	1:10:13	0:03:53
13	373	Jarlath Naughton	IRL	0:11:19	3	15:04	3:19	32	0:32:37	18	36.81	2:11	22	0:21:38	13	4:19	1:11:02	0:04:42
14	350	Brian Kilbey	GBR	0:13:42	23	18:15	2:12	1	0:31:54	12	37.63	1:57	7	0:21:49	16	4:21	1:11:33	0:05:13
15	355	Michael Pinkney	GBR	0:12:11	12	16:14	2:53	21	0:32:01	13	37.48	2:03	12	0:22:34	22	4:30	1:11:41	0:05:21
16	341	James Barton	GBR	0:12:25	14	16:32	2:50	17	0:34:35	30	34.70	2:06	15	0:19:47	4	3:57	1:11:42	0:05:22
17	365	Sean Farrell	IRL	0:11:49	4	15:45	2:31	6	0:32:47	22	36.60	2:11	23	0:22:57	25	4:35	1:12:14	0:05:54
18	357	Ian Slater	GBR	0:13:39	22	18:11	3:12	30	0:31:28	11	38.15	2:09	19	0:21:48	14	4:21	1:12:14	0:05:54
19	362	Richard Cattle	IRL	0:13:36	21	18:07	2:30	5	0:32:41	20	36.72	1:58	8	0:21:31	12	4:18	1:12:15	0:05:55
20	342	Paul Brockway	GBR	0:12:00	7	15:59	2:32	7	0:33:46	24	35.55	1:52	3	0:22:41	23	4:32	1:12:50	0:06:30
21	351	Ian Lee-emery	GBR	0:12:31	15	16:40	3:05	26	0:32:40	19	36.74	2:08	18	0:22:33	21	4:30	1:12:57	0:06:37
22	344	Tom Chambers	GBR	0:12:02	9	16:02	2:47	14	0:34:13	26	35.07	1:55	5	0:22:14	18	4:26	1:13:10	0:06:50
23	371	Bernard McGuinness	IRL	0:12:58	19	17:17	2:57	23	0:32:20	15	37.13	2:11	21	0:22:54	24	4:34	1:13:18	0:06:58
24	375	Conor O'Neill	IRL	0:14:54	30	19:50	2:44	11	0:32:22	16	37.08	2:35	32	0:21:18	10	4:15	1:13:50	0:07:30
25	354	Stephen Morales	GBR	0:13:01	20	17:21	2:49	15	0:33:58	25	35.34	2:16	24	0:21:49	15	4:21	1:13:51	0:07:31
26	343	Steven Casson	GBR	0:12:07	10	16:08	3:10	29	0:32:26	17	37.00	2:11	20	0:24:31	28	4:54	1:14:22	0:08:02
27	361	Patrick Brennan	IRL	0:14:52	29	19:48	3:02	24	0:34:27	27	34.84	2:20	27	0:23:31	26	4:42	1:18:10	0:11:50
28	368	Brendan Mannix	IRL	0:14:38	27	19:29	2:52	20	0:34:34	28	34.73	2:29	28	0:24:35	30	4:54	1:19:06	0:12:46
29	360	Patrick Bilbow	IRL	0:16:12	32	21:35	3:15	31	0:33:07	23	36.25	2:32	30	0:26:01	33	5:12	1:21:05	0:14:45
30	367	Shane Kearney	IRL	0:14:31	25	19:21	3:08	27	0:34:35	29	34.71	2:31	29	0:27:44	35	5:32	1:22:27	0:16:07
31	372	David Murphy	IRL	0:16:46	33	22:21	3:08	28	0:36:00	32	33.35	2:34	31	0:24:32	29	4:54	1:22:58	0:16:38
32	376	Noel O'Reilly	IRL	0:17:03	34	22:43	2:47	13	0:35:51	31	33.48	2:16	25	0:25:18	32	5:03	1:23:12	0:16:52
33	374	Emmet O'Brien	IRL	0:14:35	26	19:25	3:27	33	0:36:06	33	33.25	2:43	35	0:27:22	34	5:28	1:24:10	0:17:50
34	366	Pat Hughes	IRL	0:15:57	31	21:14	3:59	36	0:38:22	35	31.29	3:37	36	0:24:41	31	4:56	1:26:33	0:20:13
35	359	Mark Austin	IRL	0:18:18	37	24:23	3:33	34	0:39:03	36	30.74	2:43	34	0:24:30	27	4:53	1:28:05	0:21:45
36	377	Fraser Preston	IRL	0:17:59	36	23:58	3:51	35	0:37:44	34	31.81	2:41	33	0:31:09	36	6:13	1:33:22	0:27:02
37	363	David Curtis	IRL	0:17:48	35	23:43	4:24	37	0:42:46	37	28.07	3:42	37	0:31:49	37	6:21	1:40:26	0:34:06
DNF	369	Alan Maye	IRL		0			0		0			0		0			
DSQ	379	David Waterman	IRL		0			0		0			0		0			

EC: Sprint: EC Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	436	Lisa Roberts	GBR	0:11:10	1	14:52	2:22	1	0:31:18	1	38.34	2:05	4	0:24:39	7	4:55	1:11:33	
2	431	Claire Hitchings	GBR	0:12:50	4	17:06	2:26	2	0:32:20	2	37.13	2:02	1	0:23:09	3	4:37	1:12:45	0:01:12
3	437	Anke Lakies	GER	0:13:00	6	17:19	2:34	3	0:33:58	3	35.33	2:04	3	0:21:59	1	4:23	1:13:34	0:02:01
4	433	Catherine Linney	GBR	0:11:23	2	15:09	2:44	4	0:34:21	4	34.94	2:03	2	0:23:28	4	4:41	1:13:57	0:02:24
5	434	Jacqui Phillips	GBR	0:12:54	5	17:11	3:02	7	0:34:35	5	34.71	2:07	5	0:22:35	2	4:30	1:15:11	0:03:38
6	444	Paula Murray	IRL	0:13:21	7	17:48	3:00	6	0:35:26	7	33.87	2:22	8	0:23:40	5	4:43	1:17:48	0:06:15
7	435	Hester Pollock	GBR	0:12:04	3	16:05	2:48	5	0:34:52	6	34.42	2:18	7	0:26:06	9	5:13	1:18:06	0:06:33
8	430	Alison Bowen	GBR	0:13:49	8	18:24	3:18	9	0:36:16	8	33.09	2:13	6	0:24:04	6	4:48	1:19:39	0:08:06
9	441	Alison McConnell	IRL	0:13:54	9	18:30	3:05	8	0:36:33	9	32.84	2:44	11	0:25:33	8	5:06	1:21:46	0:10:13
10	443	Fiona Murphy Ni Bhriain	IRL	0:18:49	14	25:04	3:41	12	0:37:12	10	32.26	2:26	9	0:28:38	11	5:43	1:30:44	0:19:11
11	439	Orla Donnelly	IRL	0:14:04	10	18:44	4:18	14	0:41:06	14	29.20	3:10	14	0:28:47	12	5:45	1:31:24	0:19:51
12	438	Una Casserly	IRL	0:16:12	11	21:34	3:30	10	0:40:44	13	29.47	3:04	13	0:29:03	13	5:48	1:32:31	0:20:58
13	440	Martha Ellison	IRL	0:16:25	12	21:52	3:58	13	0:39:18	11	30.54	2:50	12	0:30:08	14	6:01	1:32:37	0:21:04
14	442	Denise Murphy	IRL	0:17:50	13	23:45	3:38	11	0:40:05	12	29.95	2:35	10	0:28:32	10	5:42	1:32:37	0:21:04
DNF	432	Christine Jackson	GBR		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	500	Michael Birkeb�k	DEN	0:10:34	5	14:05	2:29	6	0:29:13	1	41.08	2:16	26	0:20:56	5	4:11	1:05:26	
2	536	James Brown	SWE	0:10:27	3	13:55	2:24	2	0:31:44	8	37.83	1:49	1	0:20:41	3	4:08	1:07:03	0:01:37
3	535	Andrea Lovato	ITA	0:10:23	2	13:49	2:29	7	0:32:04	11	37.43	2:08	14	0:20:32	2	4:06	1:07:34	0:02:08
4	511	Paul Jennings	GBR	0:10:21	1	13:47	2:59	21	0:32:29	15	36.96	2:06	12	0:20:27	1	4:05	1:08:20	0:02:54
5	518	Mark Thomas	GBR	0:12:09	9	16:10	2:27	5	0:31:32	4	38.06	2:07	13	0:21:17	6	4:15	1:09:30	0:04:04
6	520	Hugo Woddiss	GBR	0:11:22	8	15:09	2:40	8	0:31:47	9	37.76	2:04	8	0:22:03	11	4:24	1:09:54	0:04:28
7	531	Kevin O' Brien	IRL	0:12:55	16	17:12	2:43	10	0:31:35	6	38.00	1:52	2	0:20:54	4	4:10	1:09:57	0:04:31
8	506	Gary Crane	GBR	0:10:28	4	13:56	2:25	3	0:31:06	3	38.60	2:10	16	0:24:50	28	4:57	1:10:56	0:05:30
9	523	Jarlath Fearon	IRL	0:12:51	14	17:07	2:56	19	0:31:58	10	37.55	2:08	15	0:21:54	10	4:22	1:11:46	0:06:20
10	502	Neil Beard	GBR	0:11:02	7	14:42	2:26	4	0:32:38	17	36.78	2:00	4	0:23:54	23	4:46	1:11:59	0:06:33
11	528	Niall Maloney	IRL	0:12:38	12	16:50	2:23	1	0:32:29	16	36.95	1:58	3	0:22:42	17	4:32	1:12:08	0:06:42
12	513	Brian Longman	GBR	0:10:52	6	14:29	3:12	26	0:34:20	26	34.96	2:00	5	0:21:51	9	4:22	1:12:14	0:06:48
13	509	Collin Franklin	GBR	0:12:34	10	16:44	3:15	29	0:32:42	18	36.71	2:05	10	0:22:09	12	4:25	1:12:43	0:07:17
14	519	Mark Warren	GBR	0:12:53	15	17:10	3:09	25	0:32:28	14	36.98	2:02	7	0:22:27	14	4:29	1:12:57	0:07:31
15	514	Spencer Lynn	GBR	0:13:57	26	18:34	2:52	15	0:32:25	13	37.03	2:14	20	0:21:43	7	4:20	1:13:08	0:07:42
16	516	Wayne Poulter	GBR	0:13:08	20	17:30	2:57	20	0:33:35	24	35.74	2:13	19	0:21:49	8	4:21	1:13:41	0:08:15
17	505	Andy Chalmers	GBR	0:12:45	13	16:59	2:49	13	0:31:39	7	37.93	2:10	18	0:24:29	27	4:53	1:13:51	0:08:25
18	515	Billy Mitchell	GBR	0:13:41	22	18:13	3:31	33	0:32:07	12	37.37	2:17	27	0:22:31	15	4:30	1:14:04	0:08:38
19	504	Chris Brown	GBR	0:13:41	23	18:14	3:01	23	0:31:04	2	38.65	2:14	21	0:24:24	26	4:52	1:14:23	0:08:57
20	512	Michael Lawrence	GBR	0:12:34	11	16:44	2:48	12	0:34:29	27	34.81	2:02	6	0:22:41	16	4:32	1:14:31	0:09:05
21	517	Stephen Taylor	GBR	0:14:29	29	19:17	3:02	24	0:31:35	5	38.01	2:25	30	0:23:39	21	4:43	1:15:08	0:09:42
22	501	Neil Barnes	GBR	0:13:08	19	17:29	2:54	17	0:33:05	20	36.29	2:05	11	0:24:09	25	4:49	1:15:19	0:09:53
23	526	John Francis Logan	IRL	0:13:49	24	18:24	2:51	14	0:33:51	25	35.45	2:16	25	0:22:47	18	4:33	1:15:32	0:10:06
24	525	Paul Hutton	IRL	0:14:02	28	18:42	3:29	32	0:33:10	22	36.19	2:15	22	0:23:07	19	4:37	1:16:01	0:10:35
25	503	Gary Brine	GBR	0:13:01	17	17:20	2:42	9	0:33:01	19	36.36	2:04	9	0:25:33	30	5:06	1:16:19	0:10:53
26	529	Stephen McAlister	IRL	0:15:18	31	20:23	3:01	22	0:34:30	28	34.79	2:15	23	0:22:19	13	4:27	1:17:22	0:11:56
27	527	Martin Lydon	IRL	0:13:53	25	18:30	3:44	34	0:34:59	30	34.30	2:10	17	0:23:14	20	4:38	1:17:59	0:12:33
28	510	Mark Howell	GBR	0:14:30	30	19:19	2:44	11	0:33:10	21	36.20	2:20	29	0:25:44	31	5:08	1:18:25	0:12:59
29	380	Philip E.c Schadler	LIE	0:13:59	27	18:37	3:18	30	0:36:00	32	33.34	2:27	33	0:24:08	24	4:49	1:19:50	0:14:24
30	533	Paul Thornbury	IRL	0:15:52	33	21:08	2:52	16	0:33:29	23	35.84	2:26	31	0:25:15	29	5:02	1:19:52	0:14:26
31	522	Taco Camphuijsen	IRL	0:13:04	18	17:24	3:14	28	0:35:48	31	33.52	2:26	32	0:26:07	32	5:13	1:20:37	0:15:11
32	532	Marc O'Dwyer	IRL	0:16:53	34	22:30	2:55	18	0:36:26	33	32.94	2:17	28	0:23:44	22	4:44	1:22:14	0:16:48
33	524	Brendan Giffney	IRL	0:13:28	21	17:56	3:25	31	0:38:05	35	31.51	2:15	24	0:26:08	33	5:13	1:23:20	0:17:54
34	534	Kevin Totterdell	IRL	0:15:44	32	20:58	3:12	27	0:36:53	34	32.54	2:47	35	0:26:16	34	5:15	1:24:50	0:19:24
35	521	Liam Boggan	IRL	0:19:41	35	26:14	4:01	35	0:34:41	29	34.60	2:36	34	0:26:27	35	5:17	1:27:25	0:21:59
DNF	508	Robert Engers	GBR		0			0		0			0		0			
DNF	619	David Meagher	IRL		0			0		0			0		0			
DSQ	507	Paul Edgar	GBR		0			0		0			0		0			

EC: Sprint: EC Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	455	Niki Treacy	GBR	0:11:54	2	15:52	2:37	2	0:33:10	1	36.19	2:04	2	0:23:05	5	4:36	1:12:48	
2	445	Alison Bird	GBR	0:11:56	3	15:54	2:52	4	0:34:02	2	35.26	2:15	4	0:22:05	2	4:24	1:13:08	0:00:20
3	448	Sharon Hill	GBR	0:11:54	1	15:51	2:35	1	0:35:41	6	33.63	2:02	1	0:23:02	4	4:36	1:15:11	0:02:23
4	460	Anne Paul	IRL	0:13:25	5	17:52	2:56	5	0:35:10	4	34.13	2:25	9	0:22:00	1	4:23	1:15:54	0:03:06
5	449	Claire Jackson	GBR	0:13:28	6	17:56	3:03	8	0:35:51	8	33.48	2:08	3	0:22:06	3	4:25	1:16:33	0:03:45
6	451	Fiona Ridley	GBR	0:13:33	7	18:02	3:04	9	0:35:26	5	33.88	2:27	10	0:25:57	9	5:11	1:20:25	0:07:37
7	458	Vera McCool	IRL	0:16:30	14	21:59	2:47	3	0:36:13	9	33.14	2:19	5	0:24:01	7	4:48	1:21:48	0:09:00
8	447	Nicola Dick	GBR	0:13:57	8	18:34	2:58	6	0:39:16	12	30.57	2:45	13	0:23:44	6	4:44	1:22:38	0:09:50
9	452	Zena Shean	GBR	0:13:15	4	17:39	3:35	12	0:38:40	11	31.04	2:55	15	0:24:49	8	4:57	1:23:13	0:10:25
10	454	Alison Stagg	GBR	0:13:57	9	18:35	3:42	13	0:34:45	3	34.54	2:21	7	0:28:31	13	5:42	1:23:15	0:10:27
11	446	Jill Carlin	GBR	0:16:32	15	22:01	3:00	7	0:36:51	10	32.58	2:23	8	0:26:46	10	5:21	1:25:30	0:12:42

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
12	484	Deborah Manners	GBR	0:18:54	16	25:11	3:08	10	0:35:48	7	33.52	2:20	6	0:27:03	12	5:24	1:27:11	0:14:23
13	457	Nuala Daly	IRL	0:16:10	12	21:32	3:15	11	0:41:19	16	29.05	2:40	12	0:26:53	11	5:22	1:30:14	0:17:26
14	456	Elna Van der Ryst	GBR	0:16:07	11	21:28	4:16	15	0:40:04	13	29.95	3:06	16	0:31:34	14	6:18	1:35:05	0:22:17
15	459	Anne McGrane	IRL	0:16:01	10	21:20	4:19	16	0:40:16	14	29.81	2:50	14	0:32:15	15	6:26	1:35:39	0:22:51
16	450	Linda Jenkins	GBR	0:16:18	13	21:44	3:50	14	0:40:35	15	29.58	2:37	11	0:32:50	16	6:33	1:36:09	0:23:21
DNF	453	Suzanne Sisson	GBR		0			0		0			0		0			

EC: Sprint: EC Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	537	Michel Darras	FRA	0:11:42	4	15:34	2:40	2	0:31:18	1	38.35	1:59	1	0:21:49	2	4:21	1:09:25	
2	620	Alan Kerr	GBR		0			0		0			0	9:32:03	27	54:24	1:12:01	0:02:36
3	538	James Dickinson	GBR	0:13:19	10	17:44	3:01	10	0:31:44	4	37.82	2:10	8	0:21:53	3	4:22	1:12:04	0:02:39
4	544	Pete Jenkins	GBR	0:13:55	16	18:32	2:59	7	0:31:25	2	38.21	2:00	3	0:21:54	4	4:22	1:12:11	0:02:46
5	543	Ian Hughes	GBR	0:10:48	1	14:22	2:48	4	0:33:54	14	35.41	2:17	12	0:22:38	6	4:31	1:12:22	0:02:57
6	539	Richard Dunbabin	GBR	0:12:46	7	17:01	2:40	3	0:33:02	11	36.33	2:00	2	0:22:43	8	4:32	1:13:10	0:03:45
7	549	Michael Skivington	GBR	0:13:33	14	18:03	3:05	12	0:32:01	5	37.50	2:11	10	0:22:46	9	4:33	1:13:32	0:04:07
8	547	Ian Pettitt	GBR	0:10:55	2	14:32	3:22	22	0:31:29	3	38.12	2:22	17	0:25:34	20	5:06	1:13:41	0:04:16
9	552	David Thomas	GBR	0:14:18	20	19:02	3:02	11	0:32:17	7	37.19	2:06	5	0:22:09	5	4:25	1:13:49	0:04:24
10	554	Tim Woodman	GBR	0:13:31	12	18:00	2:36	1	0:32:31	8	36.91	2:02	4	0:23:52	14	4:46	1:14:31	0:05:06
11	551	David Sutherland	GBR	0:12:18	5	16:23	3:10	15	0:32:55	10	36.47	2:09	7	0:24:42	18	4:56	1:15:11	0:05:46
12	561	Seamus Moran	IRL	0:14:14	19	18:57	2:53	5	0:32:11	6	37.30	2:33	21	0:23:32	10	4:42	1:15:21	0:05:56
13	557	Frank Dunlop	IRL	0:13:06	9	17:27	3:09	13	0:32:36	9	36.82	2:49	26	0:23:46	13	4:45	1:15:23	0:05:58
14	558	Fergus Matthews	IRL	0:14:00	17	18:39	3:00	9	0:34:43	17	34.58	2:21	16	0:21:47	1	4:21	1:15:48	0:06:23
15	550	Colin Southey	GBR	0:11:23	3	15:09	3:18	20	0:33:52	13	35.43	2:19	15	0:25:32	19	5:06	1:16:23	0:06:58
16	618	Padraic Mitchell	IRL	0:13:30	11	17:59	3:17	18	0:33:41	12	35.63	2:15	11	0:23:59	15	4:47	1:16:41	0:07:16
17	553	Tim Thomas	GBR	0:12:57	8	17:16	2:57	6	0:34:38	16	34.65	2:44	24	0:23:43	12	4:44	1:16:58	0:07:33
18	541	Ian Gilham	GBR	0:14:01	18	18:40	3:00	8	0:35:03	18	34.24	2:09	6	0:23:41	11	4:44	1:17:52	0:08:27
19	564	Declan Murray	IRL	0:15:12	23	20:15	3:10	14	0:35:32	22	33.78	2:17	13	0:22:40	7	4:31	1:18:49	0:09:24
20	548	Tim Randell	GBR	0:13:50	15	18:25	3:18	19	0:35:21	20	33.96	2:24	18	0:24:25	16	4:52	1:19:15	0:09:50
21	542	Peter Hayward	GBR	0:12:39	6	16:51	3:31	23	0:35:22	21	33.93	2:18	14	0:25:46	22	5:09	1:19:35	0:10:10
22	563	John Murphy	IRL	0:13:31	13	18:00	3:14	17	0:37:18	24	32.17	2:10	9	0:24:32	17	4:54	1:20:43	0:11:18
23	555	Tony Aston	IRL	0:14:24	21	19:11	3:22	21	0:35:17	19	34.02	2:44	23	0:26:48	23	5:21	1:22:33	0:13:08
24	540	Paul Gardner	GBR	0:14:24	22	19:12	3:13	16	0:34:37	15	34.68	2:33	20	0:28:12	24	5:38	1:22:57	0:13:32
25	559	Paul McCool	IRL	0:16:51	24	22:27	3:55	24	0:40:11	26	29.87	2:43	22	0:28:18	25	5:39	1:31:56	0:22:31
26	562	Hugh Mulcahy	IRL	0:20:10	25	26:52	4:17	25	0:35:57	23	33.38	2:49	25	0:29:11	26	5:50	1:32:22	0:22:57
27	556	Colman Candy	IRL	0:21:03	26	28:03	4:43	26	0:39:37	25	30.30	2:27	19	0:25:45	21	5:08	1:33:33	0:24:08
DNF	565	Alan Smeaton	IRL		0			0		0			0		0			
DNF	546	Peter Orme	GBR		0			0		0			0		0			

EC: Sprint: EC Women 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	465	Mary Hardwick	GBR	0:12:58	1	17:17	2:59	3	0:35:28	1	33.84	2:15	1	0:26:28	3	5:17	1:20:07	
2	467	Carole Smith	GBR	0:13:36	3	18:07	2:41	1	0:38:20	5	31.32	2:25	3	0:23:59	1	4:47	1:20:58	0:00:51
3	468	Dawn Vaughan	GBR	0:13:32	2	18:02	2:56	2	0:37:00	2	32.44	2:23	2	0:26:17	2	5:15	1:22:07	0:02:00
4	462	Liz Dunlop	GBR	0:13:40	4	18:13	3:22	5	0:37:41	3	31.86	2:38	6	0:26:49	4	5:21	1:24:08	0:04:01
5	461	Nicky Deane-Simmons	GBR	0:14:31	5	19:20	3:17	4	0:38:12	4	31.41	2:33	4	0:27:34	5	5:30	1:26:05	0:05:58
6	464	Patricia Green	GBR	0:14:53	6	19:50	3:37	6	0:39:03	6	30.74	2:37	5	0:31:45	9	6:20	1:31:53	0:11:46
7	463	Penny Fairbrass	GBR	0:15:45	8	20:59	4:10	7	0:40:50	7	29.39	2:46	7	0:30:36	7	6:07	1:34:06	0:13:59
8	469	Mary Barrett	IRL	0:15:17	7	20:22	4:30	8	0:41:58	8	28.60	2:56	8	0:31:41	8	6:20	1:36:21	0:16:14
9	470	Bernie Millar	IRL	0:22:35	9	30:05	5:03	9	0:43:18	9	27.71	3:09	9	0:28:22	6	5:40	1:42:25	0:22:18
DNF	466	Bernadette Hourigan	GBR		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	567	Pascal Aubriot	FRA	0:12:23	1	16:30	3:09	7	0:31:42	1	37.87	2:11	3	0:22:38	2	4:31	1:12:01	
2	566	Iskandar Shakhov	RUS	0:12:24	2	16:31	2:48	1	0:35:24	12	33.91	2:12	4	0:21:22	1	4:16	1:14:07	0:02:06
3	574	Ron White	GBR	0:13:14	7	17:38	2:57	4	0:32:27	4	36.99	2:04	1	0:23:54	5	4:46	1:14:35	0:02:34
4	571	Andrew Lambert	GBR	0:13:12	5	17:34	3:04	5	0:32:24	3	37.04	2:05	2	0:24:15	7	4:50	1:14:58	0:02:57
5	581	Brendan O'Neill	IRL	0:13:20	8	17:46	2:52	3	0:33:31	8	35.82	2:40	13	0:23:19	3	4:39	1:15:40	0:03:39
6	570	Phillip Crouch	GBR	0:14:19	11	19:05	2:51	2	0:31:52	2	37.67	2:12	5	0:24:43	9	4:56	1:15:55	0:03:54
7	576	Colm Daly	IRL	0:12:30	3	16:38	3:35	10	0:33:21	7	35.99	2:23	9	0:25:24	10	5:04	1:17:12	0:05:11
8	575	Jim Cooke	IRL	0:14:33	12	19:23	3:55	13	0:32:49	6	36.57	2:23	10	0:23:38	4	4:43	1:17:16	0:05:15
9	572	Ivan Newman	GBR	0:13:12	6	17:36	3:18	8	0:34:00	9	35.31	2:21	8	0:25:50	12	5:09	1:18:40	0:06:39
10	569	Paul Cooper	GBR	0:14:49	13	19:45	3:37	11	0:32:46	5	36.64	2:32	11	0:25:26	11	5:05	1:19:08	0:07:07
11	568	James Chisholm	GBR	0:15:35	14	20:46	3:08	6	0:34:41	10	34.60	2:13	6	0:23:55	6	4:46	1:19:31	0:07:30
12	582	Charles Russell	IRL	0:14:12	10	18:54	3:42	12	0:35:08	11	34.17	3:05	16	0:24:30	8	4:53	1:20:34	0:08:33
13	573	Thomas Palmer	GBR	0:14:11	9	18:53	3:19	9	0:37:06	13	32.36	2:18	7	0:25:58	13	5:11	1:22:50	0:10:49
14	580	Thomas O'Donnell	IRL	0:13:08	4	17:29	4:08	15	0:37:45	15	31.80	3:03	15	0:29:07	16	5:49	1:27:09	0:15:08
15	579	Michael Griffin	IRL	0:17:41	15	23:33	4:05	14	0:37:28	14	32.03	2:56	14	0:26:40	14	5:19	1:28:47	0:16:46
16	578	Jim Fitzharris	IRL	0:19:16	16	25:41	4:34	16	0:38:06	16	31.50	2:34	12	0:26:44	15	5:20	1:31:13	0:19:12
DNF	577	Patrick Devitt	IRL		0			0		0			0		0			

EC: Sprint: EC Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	474	Janet Oliver	GBR	0:13:47	1	18:21	3:24	2	0:36:52	1	32.56	2:29	1	0:27:47	1	5:33	1:24:18	
2	475	Isabel Palmer	GBR	0:14:45	2	19:40	3:24	1	0:40:39	4	29.52	3:06	4	0:29:30	2	5:53	1:31:22	0:07:04
3	472	Beverley Hunt	GBR	0:18:23	4	24:30	4:11	4	0:39:00	2	30.77	2:49	2	0:31:50	3	6:21	1:36:12	0:11:54
4	471	Ellen Ann Finnighan Mackenzie	GBR	0:20:51	5	27:47	3:29	3	0:39:48	3	30.16	3:03	3	0:32:28	4	6:29	1:39:37	0:15:19
5	473	Melanie Oldacre	GBR	0:18:04	3	24:05	4:50	5	0:41:34	5	28.87	3:22	5	0:36:42	5	7:20	1:44:31	0:20:13
DNF	477	Brigid McCabe	IRL		0			0		0			0		0			
DSQ	476	Barbara Somers	GBR		0			0		0			0		0			

EC: Sprint: EC Men 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	592	Peter Hunt	GBR	0:13:47	4	18:22	3:14	3	0:32:35	2	36.85	2:14	3	0:23:27	1	4:41	1:15:16	
2	588	Richard File	GBR	0:13:37	3	18:08	3:51	9	0:33:04	3	36.29	2:00	1	0:23:37	2	4:43	1:16:07	0:00:51
3	587	Dave Doust	GBR	0:13:17	2	17:41	3:50	8	0:30:57	1	38.79	2:28	6	0:27:11	9	5:26	1:17:40	0:02:24
4	589	Ted Hamilton	GBR	0:12:58	1	17:16	3:00	2	0:38:14	8	31.39	2:25	4	0:23:51	3	4:46	1:20:27	0:05:11
5	594	Allan Wilson	GBR	0:14:14	6	18:58	3:18	4	0:34:57	4	34.34	2:04	2	0:25:57	7	5:11	1:20:28	0:05:12
6	591	Gerald Huddleston	GBR	0:14:12	5	18:55	3:22	5	0:35:23	5	33.92	2:36	8	0:25:13	4	5:02	1:20:44	0:05:28
7	593	Roy Knight	GBR	0:16:23	9	21:50	3:28	6	0:35:49	6	33.52	2:27	5	0:25:45	6	5:08	1:23:50	0:08:34
8	585	Roger Day	GBR	0:14:57	7	19:55	2:59	1	0:38:17	9	31.35	2:54	10	0:25:39	5	5:07	1:24:44	0:09:28
9	590	Mike Hartley	GBR	0:15:26	8	20:34	3:32	7	0:37:13	7	32.25	2:46	9	0:28:26	10	5:41	1:27:21	0:12:05
10	586	Peter Dillow	GBR	0:16:40	10	22:12	4:55	11	0:40:01	11	30.00	2:28	7	0:26:51	8	5:22	1:30:54	0:15:38
11	583	Mart Haruoja	EST	0:18:10	11	24:12	4:27	10	0:39:02	10	30.75	3:00	11	0:28:52	11	5:46	1:33:29	0:18:13
DNF	584	Phil Buckley	GBR		0			0		0			0		0			

EC: Sprint: EC Women 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	479	Elaine Scott	GBR	0:15:44	2	20:57	4:16	1	0:37:13	1	32.25	2:52	1	0:31:21	1	6:16	1:31:23	
2	478	Sybil Davison	GBR	0:15:19	1	20:24	4:39	2	0:45:05	2	26.62	3:23	2	0:35:07	2	7:01	1:43:31	0:12:08
DNF	480	Barbara Somers	GBR		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

EC: Sprint: EC Men 65-69

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	604	GÅfran Magnusson	SWE	0:11:32	1	15:22	3:03	1	0:34:57	5	34.35	2:50	5	0:22:43	1	4:32	1:15:04	
2	598	Don Hutchinson	GBR	0:14:30	2	19:19	3:22	3	0:33:07	1	36.24	2:28	2	0:26:30	4	5:18	1:19:55	0:04:51
3	595	Alan Churcher	GBR	0:15:27	4	20:35	3:20	2	0:33:27	2	35.88	2:31	3	0:25:18	3	5:03	1:20:01	0:04:57
4	596	Harry Davies	GBR	0:15:43	6	20:56	3:53	4	0:34:08	3	35.17	2:41	4	0:29:44	6	5:56	1:26:07	0:11:03
5	602	Sam Gordon	IRL	0:15:35	5	20:46	5:23	8	0:34:39	4	34.64	3:09	7	0:28:18	5	5:39	1:27:03	0:11:59
6	603	David Hawcroft	IRL	0:17:56	9	23:53	4:44	5	0:42:49	9	28.04	2:10	1	0:24:43	2	4:56	1:32:19	0:17:15
7	597	Mike Gunnell	GBR	0:17:05	8	22:45	4:58	7	0:38:14	6	31.39	3:02	6	0:31:09	7	6:13	1:34:26	0:19:22
8	599	Roger Kiernan	GBR	0:16:34	7	22:04	4:46	6	0:40:46	8	29.44	3:14	8	0:32:58	8	6:35	1:38:17	0:23:13
9	600	George Vargha	GBR	0:14:30	3	19:19	5:46	9	0:40:30	7	29.63	3:39	9	0:35:24	9	7:04	1:39:47	0:24:43
DNF	601	Tony Walker	GBR		0			0		0			0		0			

EC: Sprint: EC Women 65-69

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	481	Peggy Crome	GBR	0:16:50	2	22:26	4:40	2	0:43:22	2	27.67	3:36	2	0:31:21	1	6:16	1:39:47	
2	482	Georgina Jennings	GBR	0:15:29	1	20:38	4:13	1	0:36:30	1	32.88	3:14	1	0:44:34	2	8:54	1:43:58	0:04:11

EC: Sprint: EC Men 70-74

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	606	Barry Johnson	GBR	0:14:07	1	18:48	4:05	1	0:40:01	1	30.00	3:29	1	0:31:15	1	6:14	1:32:55	
2	605	Aado Liblikman	EST	0:23:10	2	30:52	6:42	2	0:46:00	2	26.09	4:26	2	0:38:58	2	7:47	1:59:14	0:26:19

EC: Sprint: EC Men 75-79

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	607	Peter Howard	GBR	0:14:56	1	19:53	5:30	1	0:42:30	1	28.24	4:00	1	0:36:26	1	7:17	1:43:20	

EC: Olympic: EC Men 18-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1001	Chris Dale	GBR	0:20:17	2	13:30	2:23	2	0:59:47	2	40.15	1:48	2	0:36:18	1	3:37	2:00:31	
2	1000	Daniel Bailey	GBR	0:23:08	3	15:25	2:09	1	0:57:39	1	41.63	1:54	3	0:38:26	3	3:50	2:03:15	0:02:44
3	1002	John Reidy	IRL	0:18:28	1	12:18	2:26	3	1:04:28	3	37.24	1:46	1	0:37:45	2	3:46	2:04:51	0:04:20

EC: Olympic: EC Women 18-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1100	Charlotte Whorton	GBR	0:30:01	1	20:00	3:36	1	1:16:49	1	31.25	2:33	1	0:52:22	1	5:14	2:45:18	

EC: Olympic: EC Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1006	Craig Dale	GBR	0:18:40	3	12:26	2:15	1	0:55:57	1	42.90	1:44	3	0:37:03	2	3:42	1:55:38	
2	1015	Colin Bolger	IRL	0:18:48	4	12:31	2:33	9	0:59:12	7	40.55	1:54	10	0:37:49	6	3:46	2:00:13	0:04:35
3	1018	Shannon Connolly	IRL	0:20:48	10	13:51	2:20	2	0:57:51	4	41.50	1:37	1	0:39:34	8	3:57	2:02:08	0:06:30
4	1016	Neil Bolger	IRL	0:19:52	6	13:14	2:23	5	1:00:54	15	39.41	1:43	2	0:37:47	5	3:46	2:02:37	0:06:59
5	1017	Ross Collins	IRL	0:22:53	12	15:15	2:36	13	0:59:13	8	40.53	1:46	4	0:36:41	1	3:40	2:03:07	0:07:29
6	1007	Rory Downie	GBR	0:18:37	2	12:24	2:23	6	1:00:45	14	39.52	2:00	14	0:39:28	7	3:56	2:03:11	0:07:33
7	1010	Jack Peasgood	GBR	0:20:48	9	13:51	2:34	11	0:57:58	5	41.41	1:48	5	0:40:46	11	4:04	2:03:51	0:08:13
8	1022	Scott Graham	IRL		0			0		0			0	9:34:01	20	57:24	2:04:02	0:08:24
9	1012	Robbie Whitaker	GBR	0:25:30	16	16:59	2:22	4	0:57:31	3	41.73	1:48	6	0:37:17	3	3:43	2:04:26	0:08:48
10	1024	David Richardson	IRL	0:21:45	11	14:29	2:22	3	1:00:01	11	39.99	1:59	13	0:40:05	10	4:00	2:06:11	0:10:33
11	1019	James Davenport	IRL	0:20:26	8	13:36	2:33	10	0:57:15	2	41.92	1:52	8	0:44:19	19	4:25	2:06:23	0:10:45
12	1013	John Wood	GBR	0:18:23	1	12:15	2:44	14	0:59:41	9	40.22	2:02	15	0:43:45	17	4:22	2:06:33	0:10:55
13	1025	Olafur Marteinsson	ISL	0:19:54	7	13:15	3:09	18	0:59:55	10	40.06	2:17	17	0:41:32	13	4:09	2:06:44	0:11:06

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
14	1009	Kyle Kearey	GBR	0:19:17	5	12:51	2:23	7	1:02:16	16	38.55	1:54	9	0:42:04	15	4:12	2:07:53	0:12:15
15	1020	Stephen Donnelly	IRL	0:22:59	13	15:19	2:52	16	1:00:08	12	39.92	1:57	12	0:40:01	9	4:00	2:07:56	0:12:18
16	1021	Mark Doyle	IRL	0:27:05	18	18:02	2:35	12	1:00:13	13	39.86	1:51	7	0:37:39	4	3:45	2:09:23	0:13:45
17	1011	Kevin Watson	GBR	0:23:52	15	15:54	2:51	15	0:58:49	6	40.81	2:24	18	0:43:55	18	4:23	2:11:49	0:16:11
18	1008	Paul Harrison	GBR	0:23:51	14	15:53	2:28	8	1:03:19	17	37.91	1:54	11	0:41:36	14	4:09	2:13:06	0:17:28
19	1023	Luke McCarthy	IRL	0:30:05	19	20:02	3:04	17	1:03:52	18	37.58	2:09	16	0:42:51	16	4:17	2:21:58	0:26:20
20	1003	Jorge Lopez Pueyo	ESP	0:27:04	17	18:02	4:41	19	1:10:29	19	34.05	3:17	19	0:40:48	12	4:04	2:26:16	0:30:38
DNF	1004	Adrien VIVES	FRA		0			0		0			0		0			
DNF	1005	David Bowkett	GBR		0			0		0			0		0			
DNF	1014	Bradley Woodward	GBR		0			0		0			0		0			

EC: Olympic: EC Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1101	Katherine Henderson	GBR	0:27:40	3	18:26	2:40	1	1:07:30	2	35.56	2:06	1	0:51:15	2	5:07	2:31:11	
2	1102	Lisa Leonard	GBR	0:25:29	1	16:58	3:09	3	1:12:32	3	33.09	2:52	3	0:48:44	1	4:52	2:32:45	0:01:34
3	1103	Sharon O'Hara	IRL	0:27:33	2	18:21	3:08	2	1:07:18	1	35.66	2:37	2	0:56:03	3	5:36	2:36:37	0:05:26

EC: Olympic: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1057	Bryan McCrystal	IRL	0:22:01	12	14:40	2:10	1	0:52:34	1	45.66	1:45	5	0:37:00	6	3:41	1:55:29	
2	1033	Graham Leitch	GBR	0:20:11	4	13:26	2:23	9	0:55:45	4	43.05	1:53	13	0:36:38	5	3:39	1:56:48	0:01:19
3	1040	Roger Witz Barnes	GBR	0:18:38	1	12:24	2:34	16	0:56:14	6	42.69	1:57	15	0:38:52	14	3:53	1:58:13	0:02:44
4	1026	Robert Brundish	GBR	0:21:38	6	14:25	2:26	12	0:56:58	7	42.13	1:43	2	0:36:26	2	3:38	1:59:10	0:03:41
5	1031	Daniel Halliday	GBR	0:23:11	18	15:26	2:16	2	0:55:04	2	43.59	2:01	20	0:37:07	7	3:42	1:59:36	0:04:07
6	1038	Stephen Thompson	GBR	0:21:45	7	14:29	2:28	13	0:57:00	8	42.11	2:00	19	0:36:35	4	3:39	1:59:45	0:04:16
7	1047	Tim Downing	IRL	0:19:53	2	13:15	2:21	5	0:57:49	9	41.52	1:59	16	0:38:15	10	3:49	2:00:15	0:04:46
8	1036	Paul Skipper	GBR	0:21:53	11	14:35	2:35	17	0:55:34	3	43.19	1:56	14	0:38:33	12	3:51	2:00:30	0:05:01
9	1034	Tyler O'Callaghan	GBR	0:20:48	5	13:51	2:18	3	0:58:34	14	40.99	1:50	11	0:38:04	9	3:48	2:01:32	0:06:03
10	1027	Steven Clark	GBR	0:22:03	13	14:41	2:39	19	0:58:19	13	41.16	1:49	9	0:38:47	13	3:52	2:03:35	0:08:06
11	1053	Louis Kelleher	IRL	0:22:08	14	14:44	2:44	24	0:58:02	12	41.36	1:48	7	0:39:22	15	3:56	2:04:02	0:08:33
12	1055	Rory Maguire	IRL	0:26:15	24	17:29	2:22	6	0:57:53	10	41.47	1:49	8	0:36:29	3	3:38	2:04:45	0:09:16
13	1045	Tadhg Cronin	IRL	0:23:23	19	15:35	2:23	8	0:59:54	17	40.07	1:50	10	0:37:31	8	3:45	2:04:59	0:09:30
14	1029	Mark Edwards	GBR	0:21:46	8	14:30	2:41	21	0:56:00	5	42.87	2:01	21	0:42:58	24	4:17	2:05:24	0:09:55
15	1041	Eike Torben Ohrdorf	GER	0:20:08	3	13:24	2:39	20	0:59:28	15	40.37	2:02	22	0:41:12	21	4:07	2:05:26	0:09:57
16	1059	Aodh O'Neill	IRL	0:27:50	29	18:33	2:21	4	0:58:01	11	41.37	1:42	1	0:35:45	1	3:34	2:05:37	0:10:08
17	1032	James Harrison	GBR	0:21:47	9	14:31	2:29	14	1:02:01	21	38.70	1:44	3	0:38:29	11	3:50	2:06:29	0:11:00
18	1051	James Hoare	IRL	0:22:39	16	15:05	2:25	11	1:01:08	19	39.27	1:45	6	0:40:17	17	4:01	2:08:13	0:12:44
19	1044	Edward Brennan	IRL	0:24:21	21	16:13	2:22	7	0:59:31	16	40.33	1:45	4	0:40:46	18	4:04	2:08:43	0:13:14
20	1060	Patrick Quinn	IRL	0:24:28	22	16:18	2:41	22	1:01:35	20	38.98	1:53	12	0:40:04	16	4:00	2:10:39	0:15:10
21	1046	Kevin Donagher	IRL	0:26:16	25	17:30	2:25	10	1:00:05	18	39.95	1:59	17	0:41:08	20	4:06	2:11:52	0:16:23
22	1030	Joel Enoch	GBR	0:22:36	15	15:03	2:38	18	1:02:05	22	38.67	2:00	18	0:44:21	27	4:26	2:13:37	0:18:08
23	1061	Paul Reape	IRL	0:24:54	23	16:35	2:34	15	1:02:41	24	38.30	2:03	23	0:43:07	26	4:18	2:15:16	0:19:47
24	1049	Barry Gilfillan	IRL	0:23:02	17	15:21	2:43	23	1:05:46	27	36.50	2:23	26	0:42:17	23	4:13	2:16:08	0:20:39
25	1052	Jonathan Hooper	IRL	0:23:46	20	15:50	2:59	26	1:08:16	30	35.16	2:13	24	0:41:03	19	4:06	2:18:14	0:22:45
26	1048	Gavin Duffy	IRL	0:28:35	30	19:03	3:05	27	1:05:01	26	36.91	2:32	29	0:41:15	22	4:07	2:20:27	0:24:58
27	1056	Sean McCarthy	IRL	0:27:50	28	18:32	3:29	30	1:06:56	28	35.86	2:16	25	0:43:04	25	4:18	2:23:34	0:28:05
28	1043	Pdraig Bhaird	IRL	0:26:59	27	17:58	2:49	25	1:04:42	25	37.10	2:25	28	0:50:15	30	5:01	2:27:08	0:31:39
29	1054	Tomas Lynn	IRL	0:21:48	10	14:31	3:06	28	1:08:22	31	35.11	2:23	27	0:51:46	31	5:10	2:27:23	0:31:54
30	1050	Karl Henry	IRL	0:26:34	26	17:42	3:37	31	1:07:25	29	35.60	2:37	31	0:49:49	28	4:58	2:29:59	0:34:30
31	1042	Ciaran Avitabile	IRL	0:28:44	31	19:08	3:23	29	1:13:52	32	32.49	2:33	30	0:49:53	29	4:59	2:38:23	0:42:54
DNF	1058	John McManus	IRL	0:29:24	32	19:35	5:02	32	1:02:35	23	38.36	5:00	32		0			

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	1062	Stojan Popovski	MKD		0			0		0			0		0			
DNF	1039	Tom Wilson	GBR		0			0		0			0		0			
DNF	1035	Richard Pryer	GBR		0			0		0			0		0			
DNF	1037	Jonathan Streeter	GBR		0			0		0			0		0			

EC: Olympic: EC Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1174	Amy Wolfe	IRL	0:19:07	1	12:44	2:31	2	1:02:55	3	38.15	1:59	5	0:41:41	4	4:10	2:08:11	
2	1126	Eimear Mullan	IRL	0:23:55	14	15:56	2:33	3	1:01:33	1	39.00	1:52	2	0:38:47	1	3:52	2:08:38	0:00:27
3	1112	Danielle Stewart	GBR	0:25:06	16	16:43	2:35	5	1:01:38	2	38.94	1:47	1	0:40:17	2	4:01	2:11:20	0:03:09
4	1108	Jennifer Eilertsen	GBR	0:21:56	2	14:37	2:35	4	1:03:19	4	37.91	1:53	3	0:42:53	8	4:17	2:12:34	0:04:23
5	1109	Becky Glover	GBR	0:22:23	8	14:54	2:52	14	1:04:55	8	36.98	2:15	11	0:40:35	3	4:03	2:12:58	0:04:47
6	1130	Corine Nelen	NED	0:21:59	5	14:39	2:42	8	1:03:29	6	37.81	2:00	6	0:43:32	9	4:21	2:13:41	0:05:30
7	1106	Elizabeth Burrows	GBR	0:21:58	4	14:38	2:40	7	1:08:55	13	34.83	2:20	12	0:42:02	6	4:12	2:17:53	0:09:42
8	1115	Carrine Walker	GBR	0:22:24	9	14:55	2:44	9	1:04:04	7	37.46	2:06	9	0:46:41	17	4:40	2:17:57	0:09:46
9	1116	Julia Warner	GBR	0:21:57	3	14:37	2:50	13	1:06:41	10	36.00	2:03	7	0:45:21	13	4:32	2:18:51	0:10:40
10	1113	Nicola Threlfall	GBR	0:22:44	10	15:08	2:37	6	1:06:53	11	35.88	2:27	17	0:44:42	10	4:28	2:19:21	0:11:10
11	1110	Rebecca Heath	GBR	0:27:29	19	18:18	2:49	12	1:03:22	5	37.88	2:26	15	0:46:08	14	4:36	2:22:12	0:14:01
12	1114	Becki Toone	GBR	0:24:02	15	16:01	3:41	23	1:10:21	14	34.12	2:27	16	0:42:02	7	4:12	2:22:31	0:14:20
13	1120	Pauline Griffin	IRL	0:25:36	18	17:03	2:48	11	1:06:29	9	36.11	1:57	4	0:46:38	15	4:39	2:23:27	0:15:16
14	1127	Brianne Mulvihill	IRL	0:23:00	11	15:19	2:45	10	1:10:39	16	33.97	2:07	10	0:46:39	16	4:39	2:25:09	0:16:58
15	1180	Kathryn Berry	GBR	0:22:14	7	14:49	3:06	17	1:08:16	12	35.16	2:05	8	0:50:00	21	4:59	2:25:39	0:17:28
16	1107	Victoria Burrows	GBR	0:23:55	13	15:56	2:58	15	1:11:17	17	33.68	2:34	21	0:45:11	12	4:31	2:25:52	0:17:41
17	1129	Danica Bonello Spiteri	MLT	0:25:09	17	16:45	3:09	18	1:10:35	15	34.00	2:35	22	0:48:20	19	4:49	2:29:46	0:21:35
18	1117	Lynne Algar	IRL	0:22:00	6	14:39	2:26	1		0		22:06	25	0:44:54	11	4:29	2:32:01	0:23:50
19	1111	Sally Onn	GBR	0:27:49	21	18:32	3:19	21	1:17:13	23	31.09	2:30	20	0:41:57	5	4:11	2:32:45	0:24:34
20	1105	Katherine Broomhall	GBR	0:23:17	12	15:31	3:12	19	1:13:08	19	32.82	2:23	13	0:53:57	23	5:23	2:35:55	0:27:44
21	1124	Emma Kerr	IRL	0:31:05	25	20:43	3:14	20	1:12:13	18	33.24	2:29	19	0:47:44	18	4:46	2:36:44	0:28:33
22	1121	Laura Hendron	IRL	0:28:43	22	19:08	3:21	22	1:14:48	21	32.09	2:37	23	0:49:33	20	4:57	2:39:00	0:30:49
23	1122	Naomi Howard	IRL	0:28:55	23	19:16	3:47	24	1:13:17	20	32.75	2:28	18	0:51:33	22	5:09	2:39:58	0:31:47
24	1125	Kate Molloy	IRL	0:30:59	24	20:39	2:58	16	1:16:56	22	31.20	2:26	14	0:55:18	25	5:31	2:48:35	0:40:24
25	1123	Johanna Howlett	IRL	0:27:49	20	18:32	4:40	25	1:19:54	24	30.04	3:53	24	0:55:09	24	5:30	2:51:23	0:43:12
DSQ	1118	Valerie Fenton	IRL		0			0		0			0		0			
DSQ	1119	Ciara Fitzpatrick	IRL		0			0		0			0		0			

EC: Olympic: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1207	Dale Grassby	GBR	0:18:24	2	12:15	2:18	3	0:55:43	2	43.08	1:42	3	0:41:25	26	4:08	1:59:31	
2	1217	Carl Shaw	GBR	0:18:24	1	12:15	2:02	1	0:59:45	12	40.18	1:36	1	0:37:55	3	3:47	1:59:39	0:00:08
3	1215	Paul Savage	GBR	0:19:44	5	13:08	2:17	2	0:59:44	11	40.19	1:42	2	0:36:39	1	3:39	2:00:04	0:00:33
4	1240	Neal O'Grady	IRL	0:20:56	11	13:57	2:40	22	0:55:00	1	43.65	1:54	12	0:40:17	11	4:01	2:00:45	0:01:14
5	1203	Matt Ellis	GBR	0:20:41	8	13:47	2:22	7	0:55:54	3	42.94	1:49	8	0:40:11	8	4:01	2:00:55	0:01:24
6	1213	Oliver Milk	GBR	0:20:46	9	13:50	2:34	13	0:58:26	8	41.08	1:51	9	0:38:39	4	3:51	2:02:14	0:02:43
7	1201	David Barker	GBR	0:21:37	13	14:24	2:38	17	0:56:56	4	42.16	2:08	26	0:39:32	6	3:57	2:02:49	0:03:18
8	1218	Mark Sykes	GBR	0:21:38	14	14:24	2:40	24	0:59:13	10	40.53	1:57	16	0:38:56	5	3:53	2:04:22	0:04:51
9	1232	Andrew Kavanagh	IRL	0:23:00	20	15:19	2:19	4	0:58:03	6	41.35	1:54	11	0:40:17	10	4:01	2:05:31	0:06:00
10	1233	Adam Kelly	IRL	0:23:38	21	15:45	2:31	11	0:57:00	5	42.11	1:55	14	0:41:12	21	4:07	2:06:14	0:06:43
11	1235	Oisín McGrath	IRL	0:19:20	4	12:53	2:21	6	1:02:25	23	38.46	1:47	5	0:40:28	13	4:02	2:06:20	0:06:49
12	1211	Ian Logan	GBR	0:20:28	7	13:38	2:36	15	1:00:25	16	39.73	1:48	7	0:41:07	20	4:06	2:06:21	0:06:50
13	1209	Gary Kurth	GBR	0:20:55	10	13:56	2:39	18	1:01:24	20	39.09	1:47	6	0:40:01	7	4:00	2:06:45	0:07:14
14	1208	Nik Haynes	GBR	0:20:28	6	13:38	2:48	31	1:00:15	15	39.84	2:05	23	0:41:22	25	4:08	2:06:56	0:07:25

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
15	1210	Adrian Leonard	GBR	0:24:23	23	16:14	2:24	8	0:58:10	7	41.26	1:45	4	0:41:01	19	4:06	2:07:42	0:08:11
16	1216	Ian Shackcloth	GBR	0:19:12	3	12:48	2:42	27	1:02:37	25	38.33	1:59	18	0:41:53	30	4:11	2:08:22	0:08:51
17	1219	David Cahill	IRL	0:21:51	16	14:33	2:37	16	1:00:37	17	39.60	1:56	15	0:41:39	28	4:09	2:08:38	0:09:07
18	1212	Stephen Lormor	GBR	0:21:51	15	14:33	3:27	42	1:00:07	14	39.93	2:22	36	0:41:18	23	4:07	2:09:03	0:09:32
19	1205	David Fowler	GBR	0:20:58	12	13:58	2:41	26	1:02:56	26	38.14	2:19	35	0:41:18	22	4:07	2:10:10	0:10:39
20	1245	Gregor Torkar	SLO	0:22:46	18	15:10	2:43	29	1:02:17	22	38.54	2:16	33	0:40:23	12	4:02	2:10:24	0:10:53
21	1243	Tom Tennant	IRL	0:26:47	34	17:51	2:21	5	0:58:53	9	40.77	2:00	21	0:40:37	15	4:03	2:10:36	0:11:05
22	1200	Guillermo MÃ-nguez	ESP	0:22:52	19	15:14	2:39	19	1:03:39	35	37.71	2:01	22	0:40:11	9	4:01	2:11:20	0:11:49
23	1204	Steffan Ford	GBR	0:22:28	17	14:58	2:51	33	1:03:45	36	37.65	2:07	24	0:40:56	17	4:05	2:12:05	0:12:34
24	1223	Gavin Crawford	IRL	0:28:24	40	18:56	2:52	34	1:01:08	19	39.26	1:57	17	0:37:54	2	3:47	2:12:14	0:12:43
25	1221	Michael Casey O'Shea	IRL	0:24:40	24	16:26	2:39	21	1:00:03	13	39.97	2:10	27	0:43:19	32	4:19	2:12:50	0:13:19
26	1236	John Mercer	IRL	0:26:51	37	17:53	2:39	20	1:03:02	28	38.08	1:52	10	0:41:37	27	4:09	2:15:59	0:16:28
27	1229	Kevin Gilleece	IRL	0:26:10	29	17:26	3:44	43	1:03:02	29	38.08	2:23	38	0:40:48	16	4:04	2:16:05	0:16:34
28	1238	Liam Newman	IRL	0:27:08	38	18:04	2:44	30	1:03:10	30	38.00	2:11	28	0:41:21	24	4:08	2:16:32	0:17:01
29	1228	Vincent Galvin	IRL	0:26:40	33	17:46	2:42	28	1:01:08	18	39.27	2:16	32	0:44:11	36	4:25	2:16:55	0:17:24
30	1225	Michael Duffy	IRL	0:27:54	39	18:35	2:33	12	1:02:33	24	38.38	2:17	34	0:41:52	29	4:11	2:17:06	0:17:35
31	1222	John F Connolly	IRL	0:25:01	25	16:40	3:01	36	1:06:12	38	36.26	2:07	25	0:40:58	18	4:05	2:17:18	0:17:47
32	1241	Eoin Ryan	IRL	0:26:50	36	17:53	3:02	38	1:03:25	32	37.85	1:59	19	0:42:16	31	4:13	2:17:31	0:18:00
33	1242	Simon Sheahan	IRL	0:25:29	26	16:59	2:36	14	1:03:38	34	37.72	1:54	13	0:44:22	37	4:26	2:17:57	0:18:26
34	1224	Daragh Dowling	IRL	0:26:19	31	17:32	2:50	32	1:03:14	31	37.96	2:39	41	0:43:26	34	4:20	2:18:26	0:18:55
35	1214	Jonathan Rae	GBR	0:25:45	28	17:10	2:30	10	1:03:01	27	38.09	2:15	30	0:45:40	40	4:33	2:19:10	0:19:39
36	1237	Shane Molloy	IRL	0:23:39	22	15:45	2:40	23	1:07:44	39	35.43	2:00	20	0:43:56	35	4:23	2:19:58	0:20:27
37	1231	Paul Heavey	IRL	0:25:35	27	17:03	3:06	39	1:09:28	41	34.55	2:22	37	0:40:33	14	4:03	2:21:02	0:21:31
38	1244	Ove Indergaard	NOR	0:31:25	43	20:56	3:12	40	1:02:13	21	38.58	2:16	31	0:44:23	38	4:26	2:23:27	0:23:56
39	1226	Tomas Dunne	IRL	0:26:36	32	17:43	2:57	35	1:08:15	40	35.17	2:28	39	0:45:32	39	4:33	2:25:46	0:26:15
40	1230	Daniel Heathwood	IRL	0:31:49	44	21:12	4:25	44	1:03:37	33	37.73	2:47	42	0:43:24	33	4:20	2:26:00	0:26:29
41	1227	Anthony Gaffney	IRL	0:29:34	42	19:42	3:02	37	1:03:53	37	37.57	2:29	40	0:47:04	42	4:42	2:26:00	0:26:29
42	1220	Ian Cahill	IRL	0:28:26	41	18:57	3:25	41	1:10:54	42	33.85	2:13	29	0:45:47	41	4:34	2:30:43	0:31:12
DNF	1202	Matthew Denyer	GBR	0:26:18	30	17:31	2:40	25		0					0			
DNF	1206	John Francis	GBR	0:26:48	35	17:51	2:25	9		0					0			
DNF	1239	Kieran O'Brien	IRL		0			0		0					0			
DNF	1246	Vladimir Savic	SRB		0			0		0					0			
DSQ	1234	Maurice McCartan	IRL		0			0		0					0			

EC: Olympic: EC Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1147	Elena Maslova	IRL	0:23:58	6	15:58	2:29	1	1:01:57	1	38.75	1:55	1	0:40:24	1	4:02	2:10:41	
2	1137	Abey Lawrence	GBR	0:22:51	2	15:13	2:37	4	1:04:09	6	37.42	2:12	8	0:41:05	4	4:06	2:12:51	0:02:10
3	1143	Joanna Swallow	GBR	0:20:24	1	13:35	2:31	2	1:02:39	2	38.31	2:21	12	0:45:03	9	4:30	2:12:57	0:02:16
4	1135	Amy Forshaw	GBR	0:24:49	8	16:32	2:31	3	1:04:04	5	37.47	2:13	10	0:40:45	2	4:04	2:14:20	0:03:39
5	1131	Sara Louise Bardsley	GBR	0:25:20	10	16:53	2:43	7	1:03:14	3	37.96	2:10	6	0:42:47	5	4:16	2:16:13	0:05:32
6	1136	Louise Kelly	GBR	0:22:58	3	15:18	2:37	5	1:03:30	4	37.80	2:19	11	0:45:15	10	4:31	2:16:37	0:05:56
7	1142	Claire Shea-simonds	GBR	0:23:15	4	15:29	2:51	12	1:08:04	12	35.26	2:09	5	0:44:35	7	4:27	2:20:52	0:10:11
8	1132	Ruth Burnett	GBR	0:23:58	7	15:58	2:49	11	1:07:12	10	35.72	1:59	2	0:45:21	11	4:32	2:21:17	0:10:36
9	1145	Judith Lowry	IRL	0:28:07	14	18:44	2:45	10	1:09:43	16	34.43	2:03	3	0:41:00	3	4:05	2:23:37	0:12:56
10	1151	Bronagh Ni Bhriain	IRL	0:28:57	16	19:17	2:43	8	1:05:46	8	36.50	2:11	7	0:44:42	8	4:28	2:24:18	0:13:37
11	1141	Gemma Sargent	GBR	0:25:56	13	17:16	2:55	13	1:09:36	15	34.49	2:24	14	0:44:32	6	4:27	2:25:21	0:14:40
12	1146	Deirdre Lynn	IRL	0:25:18	9	16:51	3:06	17	1:09:33	14	34.51	2:37	17	0:48:16	17	4:49	2:28:48	0:18:07
13	1152	Amy O'Donovan	IRL	0:30:13	19	20:08	2:45	9	1:06:23	9	36.16	2:12	9	0:48:06	16	4:48	2:29:37	0:18:56
14	1148	Deirdre McCarthy	IRL	0:30:54	21	20:35	2:41	6	1:08:51	13	34.86	2:09	4	0:45:27	12	4:32	2:30:00	0:19:19
15	1138	Martine Lucas	GBR	0:23:36	5	15:43	3:30	20	1:10:14	17	34.18	2:44	19	0:51:07	18	5:06	2:31:09	0:20:28
16	1139	Emma Mcdermott	GBR	0:25:21	11	16:53	3:00	14	1:07:50	11	35.39	2:37	18	0:53:12	19	5:19	2:31:58	0:21:17

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
17	1150	Teresa Mulroe	IRL	0:30:07	18	20:04	3:01	16	1:10:42	18	33.95	2:28	16	0:46:48	15	4:40	2:33:04	0:22:23
18	1140	Jessica Robertson	GBR	0:25:24	12	16:55	3:14	18	1:12:28	19	33.12	2:22	13	0:53:23	20	5:20	2:36:49	0:26:08
19	1134	Jenny Featherstone	GBR	0:30:07	17	20:04	3:01	15	1:16:13	22	31.49	2:25	15	0:45:29	13	4:32	2:37:12	0:26:31
20	1149	Celine McPhillips	IRL	0:30:57	22	20:37	3:27	19	1:05:13	7	36.80	2:55	21	0:54:46	21	5:28	2:37:16	0:26:35
21	1133	Leila Coulter	GBR	0:28:55	15	19:16	4:08	22	1:15:54	21	31.62	2:57	22	0:46:33	14	4:39	2:38:25	0:27:44
22	1153	Diana Stafford	IRL	0:30:27	20	20:17	3:34	21	1:12:42	20	33.02	2:46	20	0:56:49	22	5:40	2:46:16	0:35:35
DSQ	1144	Laura Cannon	IRL		0			0		0			0		0			

EC: Olympic: EC Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1257	Julian Hatcher	GBR	0:20:44	4	13:49	2:11	1	0:55:48	1	43.02	1:43	2	0:34:49	1	3:28	1:55:13	
2	1264	Chris Stuart	GBR	0:19:16	1	12:50	2:28	5	0:57:05	7	42.04	1:46	6	0:38:17	4	3:49	1:58:51	0:03:38
3	1265	Rodger Wilkins	GBR	0:22:12	11	14:47	2:31	9	0:55:57	3	42.91	1:44	4	0:36:49	2	3:40	1:59:11	0:03:58
4	1252	Alan Copland	GBR	0:19:34	2	13:02	2:30	7	0:56:53	6	42.19	1:47	7	0:39:15	6	3:55	1:59:58	0:04:45
5	1288	Wim Korving	NED	0:20:46	5	13:50	2:55	28	0:57:20	8	41.87	1:46	5	0:40:07	10	4:00	2:02:52	0:07:39
6	1260	Andrew Mercer	GBR	0:25:31	23	17:00	2:27	3	0:56:34	4	42.44	1:42	1	0:37:27	3	3:44	2:03:39	0:08:26
7	1256	Toby Haddock	GBR	0:21:54	9	14:35	2:26	2	0:58:44	14	40.87	1:53	12	0:39:26	7	3:56	2:04:20	0:09:07
8	1263	Alex Scott	GBR	0:21:52	8	14:34	2:50	22	0:58:00	10	41.38	1:50	9	0:40:00	8	3:59	2:04:30	0:09:17
9	1247	Alejandro Diaz-Llanos	ESP	0:19:47	3	13:11	2:32	10	1:02:13	23	38.58	1:43	3	0:38:20	5	3:49	2:04:33	0:09:20
10	1253	Marcus Dodd	GBR	0:21:02	6	14:01	2:38	12	0:58:26	11	41.08	2:03	19	0:40:41	13	4:04	2:04:47	0:09:34
11	1255	Neil Giles	GBR	0:23:52	14	15:54	2:54	27	0:58:42	13	40.89	2:00	16	0:40:22	12	4:02	2:07:48	0:12:35
12	1254	Jaap Flikweert	GBR	0:23:37	13	15:44	2:29	6	0:57:36	9	41.67	2:11	27	0:42:52	22	4:17	2:08:42	0:13:29
13	1281	Jason Milne	IRL	0:22:46	12	15:10	3:05	31	1:00:31	19	39.66	2:02	18	0:41:17	15	4:07	2:09:39	0:14:26
14	1261	Simon Roxburgh	GBR	0:25:26	22	16:57	2:45	16	0:56:44	5	42.31	1:55	14	0:42:56	23	4:17	2:09:44	0:14:31
15	1271	Chris Coyle	IRL	0:25:32	24	17:01	2:49	19	0:55:48	2	43.02	2:06	23	0:43:53	27	4:23	2:10:06	0:14:53
16	1258	Dean Kirkham	GBR	0:26:48	28	17:51	2:47	17	0:59:35	16	40.28	1:51	10	0:40:05	9	4:00	2:11:04	0:15:51
17	1267	Ian Barrett	IRL	0:26:47	27	17:51	2:28	4	1:01:10	21	39.25	1:48	8	0:40:13	11	4:01	2:12:24	0:17:11
18	1259	David Knight	GBR	0:26:44	26	17:49	2:33	11	0:59:43	18	40.20	2:00	17	0:41:33	17	4:09	2:12:32	0:17:19
19	1272	Conor Dooley	IRL	0:25:10	16	16:46	2:58	30	1:01:10	22	39.24	2:17	31	0:41:00	14	4:05	2:12:34	0:17:21
20	1250	Jonathan Britton	GBR	0:21:49	7	14:32	2:49	21	1:03:13	27	37.97	2:10	25	0:43:09	24	4:18	2:13:09	0:17:56
21	1270	Daniel Conroy	IRL	0:25:13	18	16:48	2:58	29	1:01:02	20	39.33	2:27	36	0:41:42	20	4:10	2:13:19	0:18:06
22	1262	Paul Sanderson	GBR	0:21:55	10	14:36	2:45	15	0:59:24	15	40.41	2:15	29	0:47:46	38	4:46	2:14:03	0:18:50
23	1273	Colin Duffin	IRL	0:28:28	31	18:58	2:31	8	0:59:42	17	40.21	1:54	13	0:41:32	16	4:09	2:14:05	0:18:52
24	1269	Fergus Barry	IRL	0:25:24	21	16:55	2:52	25	1:02:52	26	38.18	1:58	15	0:41:39	19	4:09	2:14:43	0:19:30
25	1251	Paul Bruton	GBR	0:24:44	15	16:29	2:41	13	1:04:18	31	37.33	2:14	28	0:42:28	21	4:14	2:16:23	0:21:10
26	1286	Mark Swan	IRL	0:25:21	20	16:53	2:52	24	1:04:51	34	37.01	1:52	11	0:41:36	18	4:09	2:16:29	0:21:16
27	1274	Ivan Eustace	IRL	0:26:25	25	17:36	2:42	14	1:02:34	25	38.37	2:10	24	0:44:55	30	4:29	2:18:43	0:23:30
28	1268	Conor Barry	IRL	0:25:18	19	16:51	3:06	32	1:04:48	33	37.04	2:26	35	0:43:34	25	4:21	2:19:11	0:23:58
29	1280	Albert Maher	IRL	0:28:38	33	19:04	3:18	34	0:58:30	12	41.03	2:29	38	0:47:09	36	4:42	2:20:02	0:24:49
30	1279	David Killen	IRL	0:27:17	29	18:11	3:33	37	1:03:26	28	37.84	2:23	33	0:44:30	28	4:26	2:21:07	0:25:54
31	1285	Owen Percy	IRL	0:25:11	17	16:46	2:47	18	1:04:48	32	37.04	2:04	20	0:46:45	33	4:40	2:21:33	0:26:20
32	1266	James Woodward	GBR	0:30:02	34	20:01	3:23	35	1:02:18	24	38.53	2:25	34	0:43:36	26	4:21	2:21:42	0:26:29
33	1278	Norman Kelly	IRL	0:30:42	36	20:27	2:51	23	1:03:29	29	37.81	2:06	22	0:44:42	29	4:28	2:23:48	0:28:35
34	1282	Craig Molloy	IRL	0:30:31	35	20:20	2:49	20	1:03:55	30	37.56	2:06	21	0:45:16	31	4:31	2:24:35	0:29:22
35	1287	Simon Tsang	IRL	0:28:17	30	18:51	2:54	26	1:05:58	36	36.39	2:10	26	0:47:07	35	4:42	2:26:24	0:31:11
36	1275	Aidan Hanley	IRL	0:28:30	32	19:00	3:06	33	1:09:43	38	34.43	2:17	30	0:45:45	32	4:34	2:29:20	0:34:07
37	1284	Shane O'Neill	IRL	0:31:50	38	21:12	3:34	38	1:08:50	37	34.87	2:20	32	0:46:53	34	4:41	2:33:26	0:38:13
38	1277	Martin Keane	IRL	0:32:28	39	21:38	3:33	36	1:05:06	35	36.87	2:36	39	0:51:50	39	5:10	2:35:31	0:40:18
39	1249	Xavier BRUNSCHVICG	FRA	0:31:37	37	21:04	4:32	39	1:14:45	39	32.11	2:28	37	0:47:19	37	4:43	2:40:41	0:45:28
DNF	1248	Manuel Muñoz Izbañez	ESP		0			0		0			0		0			
DNF	1283	Brian Nevin	IRL		0			0		0			0		0			
DNF	1276	Oliver Harkin	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1162	Rhian Roxburgh	GBR	0:20:04	1	13:22	2:23	1	0:59:56	1	40.04	1:58	1	0:41:49	1	4:10	2:06:08	
2	1173	Karen Axelsdottir	ISL	0:23:56	7	15:56	2:27	2	1:00:08	2	39.92	2:04	2	0:41:50	2	4:10	2:10:22	0:04:14
3	1168	Lisa Horgan	IRL	0:22:25	4	14:56	2:47	4	1:04:17	4	37.34	2:17	8	0:42:55	3	4:17	2:14:39	0:08:31
4	1154	Ilse Geldhof	BEL	0:23:55	6	15:56	3:02	9	1:03:06	3	38.04	2:07	4	0:42:56	4	4:17	2:15:03	0:08:55
5	1159	Karen Hathway	GBR	0:22:20	3	14:52	2:56	6	1:05:31	5	36.64	2:27	12	0:46:00	11	4:35	2:19:12	0:13:04
6	1156	Samantha Boswell	GBR	0:23:52	5	15:54	3:15	13	1:05:57	6	36.39	2:43	13	0:43:32	5	4:21	2:19:17	0:13:09
7	1163	Helen Russell	GBR	0:23:59	8	15:59	2:58	7	1:06:46	7	35.95	2:45	14	0:43:43	6	4:22	2:20:09	0:14:01
8	1157	Trish Deykin	GBR	0:24:01	9	16:00	3:09	11	1:07:59	9	35.31	2:15	7	0:43:54	7	4:23	2:21:16	0:15:08
9	1161	Nicola King	GBR	0:25:19	11	16:52	2:41	3	1:07:00	8	35.83	2:07	3	0:44:15	8	4:25	2:21:20	0:15:12
10	1166	Vanessa Fenton	IRL	0:25:15	10	16:49	3:22	14	1:08:09	10	35.22	2:17	9	0:44:48	9	4:28	2:23:49	0:17:41
11	1158	Lucy Edge	GBR	0:28:55	12	19:16	2:50	5	1:08:11	11	35.20	2:09	5	0:46:03	12	4:36	2:28:06	0:21:58
12	1169	Deirdre Kearney	IRL	0:20:43	2	13:48	2:59	8	1:15:58	14	31.60	2:25	11	0:50:54	14	5:05	2:32:57	0:26:49
13	1165	Miriam Byrne	IRL	0:31:10	16	20:46	3:15	12	1:13:26	12	32.69	2:23	10	0:49:05	13	4:54	2:39:16	0:33:08
14	1171	Alison Rankin	IRL	0:30:49	13	20:32	3:03	10	1:18:51	17	30.44	2:14	6	0:45:42	10	4:34	2:40:37	0:34:29
15	1170	Louise O'Shea	IRL	0:31:04	14	20:42	3:53	16	1:13:27	13	32.68	3:15	16	0:52:32	16	5:15	2:44:09	0:38:01
16	1167	Tania Finn	IRL	0:31:06	15	20:43	4:08	17	1:18:43	16	30.49	3:25	17	0:51:22	15	5:08	2:48:42	0:42:34
17	1172	Linda Tomb	IRL	0:32:36	17	21:43	3:45	15	1:17:20	15	31.04	2:59	15	0:57:24	17	5:44	2:54:02	0:47:54
DNF	1164	Jen Salter	GBR		0			0		0			0		0			
DNF	1160	Rachel Hobbs	GBR		0			0		0			0		0			
DNF	1155	MÁ-riam Romero Castro	ESP		0			0		0			0		0			

EC: Olympic: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1330	Matt Molloy	IRL	0:18:46	1	12:30	2:38	9	0:56:02	1	42.84	1:57	10	0:37:10	4	3:42	1:56:30	
2	1314	Robert West	GBR	0:22:13	8	14:48	2:14	2	0:56:03	2	42.82	1:48	3	0:36:37	2	3:39	1:58:53	0:02:23
3	1316	Klaus Eckstein	GER	0:19:45	3	13:09	2:32	6	0:57:50	5	41.50	2:00	12	0:37:08	3	3:42	1:59:13	0:02:43
4	1305	Peter Goodfellow	GBR	0:22:00	7	14:39	2:34	7	0:56:27	3	42.52	1:54	7	0:39:01	7	3:54	2:01:55	0:05:25
5	1302	Richard Ashton	GBR	0:24:33	17	16:21	2:29	5	0:59:22	12	40.43	1:54	6	0:35:26	1	3:32	2:03:42	0:07:12
6	1301	David Tejedor Aragon	ESP	0:20:53	4	13:55	2:48	16	1:01:35	17	38.98	2:03	13	0:37:37	6	3:45	2:04:54	0:08:24
7	1382	Dave Beary	IRL	0:23:58	11	15:58	2:37	8	0:57:40	4	41.63	2:08	17	0:39:24	9	3:56	2:05:44	0:09:14
8	1303	Frank Boyne	GBR	0:25:30	22	16:59	2:24	3	0:59:23	13	40.42	1:44	2	0:37:16	5	3:43	2:06:15	0:09:45
9	1306	Sharkie Jaggard	GBR	0:20:53	5	13:55	2:42	12	1:00:33	15	39.65	2:06	14	0:41:12	15	4:07	2:07:24	0:10:54
10	1300	Pedro Antonio Martin Reig	ESP	0:19:43	2	13:08	2:48	15	1:01:59	19	38.72	1:55	8	0:41:05	14	4:06	2:07:29	0:10:59
11	1308	Paul Knowles	GBR	0:24:31	15	16:20	2:27	4	0:58:57	10	40.72	1:50	4	0:39:49	11	3:58	2:07:33	0:11:03
12	1311	Mark Rickinson	GBR	0:24:38	19	16:24	2:13	1	0:58:52	9	40.78	1:40	1	0:41:20	16	4:07	2:08:41	0:12:11
13	1381	Simon Kenyon	GBR	0:24:57	21	16:37	3:17	28	0:59:31	14	40.33	2:09	18	0:39:05	8	3:54	2:08:56	0:12:26
14	1310	Michael Proud	GBR	0:23:15	10	15:29	2:52	19	0:58:16	7	41.19	1:52	5	0:42:44	17	4:16	2:08:58	0:12:28
15	1377	Mark Bickford	GBR	0:26:10	23	17:26	2:50	18	0:59:20	11	40.45	1:58	11	0:39:53	12	3:59	2:10:09	0:13:39
16	1312	Phil Roker	GBR	0:22:15	9	14:49	2:41	11	0:58:27	8	41.07	1:57	9	0:45:31	23	4:33	2:10:48	0:14:18
17	1304	Mike Cooper	GBR	0:27:57	29	18:37	2:49	17	1:01:05	16	39.30	2:10	19	0:40:56	13	4:05	2:14:55	0:18:25
18	1317	Marc Scheel	GER	0:24:31	14	16:20	3:38	35	1:06:53	29	35.89	2:17	23	0:39:41	10	3:58	2:16:57	0:20:27
19	1309	Andrew Maclae	GBR	0:24:33	16	16:21	2:40	10	1:04:35	22	37.16	2:13	20	0:44:02	20	4:24	2:18:02	0:21:32
20	1322	Vincent Groarke	IRL	0:24:35	18	16:23	2:42	13	1:02:38	20	38.32	2:24	28	0:46:08	25	4:36	2:18:25	0:21:55
21	1323	Rob Hammond	IRL	0:26:24	25	17:35	3:00	23	1:05:47	24	36.49	2:07	15	0:44:51	22	4:29	2:22:08	0:25:38
22	1319	Damian Eannetta	IRL	0:28:22	30	18:54	3:18	30	1:05:50	25	36.46	2:07	16	0:42:51	18	4:17	2:22:25	0:25:55
23	1336	David Wallace	IRL	0:26:47	26	17:51	3:18	29	1:06:53	28	35.89	2:21	25	0:43:50	19	4:22	2:23:07	0:26:37
24	1327	Michael McBride	IRL	0:27:00	27	17:59	3:35	34	1:01:46	18	38.86	2:23	27	0:48:31	29	4:51	2:23:13	0:26:43
25	1334	Peter Payton	IRL	0:21:56	6	14:36	3:03	25	1:11:51	37	33.41	2:28	30	0:44:38	21	4:27	2:23:53	0:27:23
26	1326	Noel Mason	IRL	0:28:52	31	19:14	3:24	32	1:04:44	23	37.08	2:48	34	0:46:19	26	4:37	2:26:05	0:29:35
27	1337	Lochlann Walsh	IRL	0:24:01	12	16:00	3:02	24	1:06:14	26	36.24	2:16	22	0:50:57	34	5:05	2:26:29	0:29:59
28	1321	Michael Grimes	IRL	0:31:25	35	20:56	3:00	22	1:04:00	21	37.50	2:48	33	0:49:16	31	4:55	2:30:26	0:33:56
29	1333	Diarmuid O'Mahony	IRL	0:32:49	37	21:52	2:58	21	1:06:18	27	36.20	2:43	32	0:45:53	24	4:35	2:30:40	0:34:10

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
30	1329	Enda Mimmagh	IRL	0:27:28	28	18:18	2:55	20	1:09:01	32	34.78	2:22	26	0:49:26	32	4:56	2:31:10	0:34:40
31	1332	Cillian Murphy	IRL	0:26:18	24	17:31	3:53	36	1:09:11	33	34.70	2:42	31	0:49:50	33	4:58	2:31:52	0:35:22
32	1325	Paul Lyons	IRL	0:30:26	33	20:17	3:19	31	1:08:54	31	34.83	2:20	24	0:47:56	28	4:47	2:32:54	0:36:24
33	1328	Dave McEvoy	IRL	0:30:34	34	20:22	3:10	27	1:09:30	34	34.54	2:24	29	0:48:55	30	4:53	2:34:31	0:38:01
34	1324	Tom Kiely	IRL	0:32:42	36	21:47	3:30	33	1:10:34	35	34.01	3:15	36	0:47:16	27	4:43	2:37:16	0:40:46
35	1320	Patrick Grealy	IRL	0:30:17	32	20:11	4:10	37	1:10:39	36	33.97	3:25	37	0:51:37	35	5:09	2:40:07	0:43:37
36	1335	Derek Stenson	IRL	0:34:23	38	22:55	4:19	38	1:08:48	30	34.89	2:53	35	0:51:56	36	5:11	2:42:18	0:45:48
DNF	1315	David Wilson	GBR	0:24:08	13	16:04	2:47	14	0:58:06	6	41.31	2:13	21		0			
DNF	1313	Ian Walton	GBR	0:24:42	20	16:27	3:08	26		0			0		0			
DNF	1331	Simon Moore	IRL		0			0		0			0		0			
DSQ	1378	David Rock	IRL		0			0		0			0		0			

EC: Olympic: EC Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1511	Sophie Whitworth	GBR	0:21:42	2	14:27	2:33	1	1:03:03	1	38.07	2:07	3	0:44:02	3	4:24	2:13:25	
2	1503	Susannah Casebourne	GBR	0:21:51	3	14:33	2:45	3	1:10:18	9	34.14	2:09	4	0:40:18	1	4:01	2:17:19	0:03:54
3	1512	Trudy Brown	IRL	0:24:29	6	16:18	2:38	2	1:04:41	4	37.11	2:03	1	0:45:01	4	4:30	2:18:49	0:05:24
4	1517	Anja Heijnen	NED	0:30:52	18	20:34	3:09	12	1:03:18	2	37.92	2:27	13	0:42:31	2	4:15	2:22:15	0:08:50
5	1501	Moyra Amess	GBR	0:25:37	12	17:04	2:50	7	1:08:33	7	35.01	2:16	8	0:47:17	6	4:43	2:26:32	0:13:07
6	1500	Patricia Basset	FRA	0:24:27	5	16:17	2:48	6	1:10:55	10	33.85	2:11	5	0:48:27	10	4:50	2:28:47	0:15:22
7	1505	Kim Clarke	GBR	0:26:46	13	17:50	3:08	11	1:10:57	11	33.83	2:21	11	0:47:25	8	4:44	2:30:35	0:17:10
8	1504	Claire Chapman	GBR	0:25:03	9	16:41	2:47	4	1:09:02	8	34.77	2:14	7	0:51:55	13	5:11	2:31:01	0:17:36
9	1510	Louise Reynolds	GBR	0:27:08	14	18:05	4:01	18	1:07:25	5	35.60	2:20	10	0:51:38	12	5:09	2:32:31	0:19:06
10	1502	Lorraine Ayres	GBR	0:25:18	11	16:51	2:59	10	1:13:55	14	32.48	2:19	9	0:48:17	9	4:49	2:32:47	0:19:22
11	1506	Lynn Emmett	GBR	0:30:05	16	20:03	3:14	14	1:12:32	12	33.09	2:26	12	0:45:36	5	4:33	2:33:52	0:20:27
12	1507	Carol Francis	GBR	0:25:06	10	16:43	3:31	17	1:14:14	15	32.34	2:43	16	0:49:02	11	4:54	2:34:34	0:21:09
13	1514	Anne O'Leary	IRL	0:24:31	7	16:20	2:53	8	1:16:31	16	31.37	2:28	14	0:57:47	15	5:46	2:44:08	0:30:43
14	1513	Hilary Jenkinson	IRL	0:24:50	8	16:33	2:47	5	1:13:12	13	32.79	2:04	2	1:02:00	16	6:11	2:44:52	0:31:27
15	1516	Miriam Wall	IRL	0:30:11	17	20:06	2:53	9	1:24:37	18	28.37	2:43	17	0:47:23	7	4:44	2:47:44	0:34:19
16	1515	Alison Rooney	IRL	0:28:22	15	18:54	3:14	15	1:21:07	17	29.59	2:43	18	0:56:42	14	5:40	2:52:06	0:38:41
DNF	1518	Anne Hegvold	NOR	0:21:04	1	14:02	3:21	16	1:04:28	3	37.23	2:30	15		0			
DNF	1508	Shona Girdwood	GBR	0:22:08	4	14:45	3:10	13	1:08:18	6	35.15	2:11	6		0			
DNF	1509	Colette O'Neill	GBR		0			0		0			0		0			

EC: Olympic: EC Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1352	Stuart Robinson	GBR	0:20:49	4	13:52	2:25	1	0:57:20	4	41.86	1:44	1	0:38:05	1	3:48	2:00:22	
2	1375	Alexander Schawalter	SUI	0:20:49	3	13:52	2:52	15	0:55:11	1	43.50	2:00	11	0:42:22	16	4:14	2:03:12	0:02:50
3	1374	Johan Neevel	NED	0:19:39	1	13:06	2:33	5	0:56:43	2	42.33	1:51	3	0:45:13	23	4:31	2:05:58	0:05:36
4	1357	Timothy Wylie	GBR	0:24:28	13	16:18	2:49	13	0:57:35	5	41.68	2:02	12	0:39:13	4	3:55	2:06:05	0:05:43
5	1346	Juan Kinley	GBR	0:24:35	17	16:22	2:41	8	0:56:45	3	42.30	1:55	5	0:40:16	6	4:01	2:06:10	0:05:48
6	1342	Richard William Bewell	GBR	0:22:11	6	14:46	2:26	2	1:01:27	17	39.06	1:55	6	0:38:56	3	3:53	2:06:52	0:06:30
7	1354	Andrew John Tabernacle	GBR	0:22:19	7	14:52	2:46	11	0:58:41	7	40.90	2:09	16	0:42:04	14	4:12	2:07:58	0:07:36
8	1350	Richard Parker	GBR	0:25:52	25	17:14	2:26	3	0:59:58	11	40.03	1:46	2	0:38:10	2	3:48	2:08:10	0:07:48
9	1344	Malcom Hughes	GBR	0:23:22	8	15:34	2:47	12	0:58:49	8	40.81	1:56	8	0:41:47	12	4:10	2:08:40	0:08:18
10	1341	Andy Bell	GBR	0:22:00	5	14:39	2:43	9	0:58:10	6	41.27	2:08	14	0:43:55	19	4:23	2:08:54	0:08:32
11	1366	Michael Macken	IRL	0:24:34	15	16:22	2:38	7	0:59:41	10	40.22	1:56	7	0:40:20	7	4:01	2:09:06	0:08:44
12	1365	Ronnie Kidd	IRL	0:24:38	19	16:24	2:52	17	0:59:25	9	40.40	2:22	25	0:40:21	8	4:02	2:09:36	0:09:14
13	1347	Marius Krint	GBR	0:24:31	14	16:20	2:30	4	1:01:16	16	39.18	1:57	9	0:39:47	5	3:58	2:09:58	0:09:36
14	1376	Roger Strebel	SUI	0:23:24	9	15:35	3:03	23	1:01:34	18	38.99	2:21	24	0:42:22	17	4:14	2:12:43	0:12:21
15	1351	Robert Pettingell	GBR	0:25:53	26	17:15	2:57	21	1:00:39	13	39.57	1:58	10	0:41:39	11	4:09	2:13:04	0:12:42

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
16	1370	David Quirk	IRL	0:24:40	21	16:26	2:35	6	1:03:26	23	37.84	2:07	13	0:40:27	9	4:02	2:13:12	0:12:50
17	1362	Eamonn Hill	IRL	0:26:19	27	17:32	3:15	28	1:01:58	19	38.73	1:52	4	0:41:12	10	4:07	2:14:34	0:14:12
18	1343	Russell Collister	GBR	0:23:29	10	15:38	2:52	16	1:01:08	15	39.27	2:16	20	0:45:05	22	4:30	2:14:48	0:14:26
19	1372	John Wallnutt	IRL	0:24:37	18	16:24	2:43	10	1:01:06	14	39.28	2:27	27	0:45:32	24	4:33	2:16:24	0:16:02
20	1348	John Longmuir	GBR	0:25:18	24	16:51	2:52	18	1:04:16	24	37.35	2:15	19	0:42:07	15	4:12	2:16:46	0:16:24
21	1353	Roderick Shaw	GBR	0:27:24	28	18:15	2:49	14	1:03:04	21	38.06	2:08	15	0:41:48	13	4:10	2:17:12	0:16:50
22	1345	Jim Kersey	GBR	0:24:35	16	16:22	2:54	19	1:04:27	25	37.24	2:11	17	0:44:29	20	4:26	2:18:35	0:18:13
23	1356	Stephen Watson	GBR	0:24:39	20	16:25	3:05	24	1:00:22	12	39.76	2:20	23	0:50:07	31	5:00	2:20:31	0:20:09
24	1340	Kenny Begley	GBR	0:24:50	23	16:33	3:03	22	1:08:41	30	34.94	2:36	31	0:42:37	18	4:15	2:21:46	0:21:24
25	1349	Thomas Macdonald	GBR	0:27:45	30	18:29	3:06	25	1:03:06	22	38.04	2:11	18	0:46:50	27	4:40	2:22:56	0:22:34
26	1364	Gary Kendall	IRL	0:28:09	32	18:45	3:11	26	1:04:29	26	37.23	2:19	22	0:46:22	25	4:38	2:24:27	0:24:05
27	1359	Philip Cullen	IRL	0:24:05	11	16:02	3:23	30	1:05:44	27	36.51	2:51	34	0:48:53	29	4:53	2:24:55	0:24:33
28	1368	John O'Leary	IRL	0:29:45	35	19:49	3:15	29	1:06:48	28	35.93	2:28	28	0:44:31	21	4:27	2:26:45	0:26:23
29	1379	Michael Schadler	LIE	0:24:45	22	16:29	3:47	33	1:08:20	29	35.13	2:30	29	0:48:48	28	4:52	2:28:08	0:27:46
30	1367	Kevin Murphy	IRL	0:27:52	31	18:34	3:44	32	1:13:32	34	32.64	2:51	33	0:46:22	26	4:38	2:34:18	0:33:56
31	1371	Noel Territt	IRL	0:27:43	29	18:28	3:14	27	1:10:40	33	33.97	2:25	26	0:51:50	32	5:10	2:35:50	0:35:28
32	1369	Richard O'Reilly	IRL	0:24:10	12	16:06	4:08	34	1:09:57	32	34.31	2:50	32	0:55:37	34	5:33	2:36:39	0:36:17
33	1361	Mark Foran	IRL	0:29:17	33	19:31	3:43	31	1:09:41	31	34.44	2:31	30	0:54:41	33	5:28	2:39:51	0:39:29
34	1360	Shay Cunningham	IRL	0:29:39	34	19:45	4:09	35	1:22:31	36	29.09	3:11	36	0:49:41	30	4:58	2:49:09	0:48:47
35	1363	Sean Kelly	IRL	0:30:41	36	20:27	4:49	36	1:20:38	35	29.77	2:55	35	0:56:30	35	5:39	2:55:31	0:55:09
DNF	1358	Sean Court	IRL		0			0		0			0		0			
DNF	1355	Kevin Timmons	GBR		0			0		0			0		0			
DNF	1338	Kurt Jurgens	BEL		0			0		0			0		0			
DNF	1339	Francisco Manuel Soriano Llano	ESP		0			0		0			0		0			
DSQ	1373	Andrea Lovato	ITA	0:19:44	2	13:09	2:54	20	1:03:01	20	38.09	2:19	21		0			

EC: Olympic: EC Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1534	Kay Hack	IRL	0:23:20	1	15:33	2:58	5	1:06:52	3	35.90	2:19	8	0:49:08	8	4:54	2:24:36	
2	1525	Julie Lambourne	GBR	0:25:35	5	17:03	3:10	8	1:05:32	2	36.63	2:27	10	0:48:09	5	4:48	2:24:50	0:00:14
3	1533	Mary Daly	IRL	0:28:55	10	19:16	2:55	4	1:05:29	1	36.65	2:08	3	0:46:08	4	4:36	2:25:34	0:00:58
4	1521	Debbie Cooke	GBR	0:26:50	6	17:52	2:37	1	1:09:12	5	34.69	2:05	2	0:45:23	3	4:32	2:26:04	0:01:28
5	1524	Ruth Isaacs	GBR	0:25:09	4	16:45	3:13	9	1:11:36	8	33.53	2:17	5	0:44:38	2	4:27	2:26:51	0:02:15
6	1530	Gill Mead	GBR	0:29:08	11	19:24	3:19	10	1:10:29	6	34.06	2:24	9	0:43:52	1	4:23	2:29:11	0:04:35
7	1522	Olivia Hetreed	GBR	0:24:56	3	16:37	3:28	11	1:10:47	7	33.91	2:19	7	0:49:20	10	4:55	2:30:47	0:06:11
8	1529	Gillian Mcalister	GBR	0:24:38	2	16:25	3:01	7	1:12:37	9	33.05	2:11	4	0:49:17	9	4:55	2:31:42	0:07:06
9	1523	Geraldine Howard	GBR	0:26:59	7	17:59	3:32	12	1:13:05	10	32.84	2:50	13	0:48:28	6	4:50	2:34:52	0:10:16
10	1532	Joanne Bingham	IRL	0:29:10	12	19:26	2:39	2	1:16:04	12	31.55	1:58	1	0:48:29	7	4:50	2:38:18	0:13:42
11	1520	Joanne Bailey	GBR	0:27:09	9	18:05	3:50	14	1:13:30	11	32.66	2:52	14	0:51:34	11	5:09	2:38:52	0:14:16
12	1531	Carolyn Osborne	GBR	0:30:15	14	20:09	2:59	6	1:16:56	13	31.20	2:18	6	0:53:27	13	5:20	2:45:52	0:21:16
13	1536	Eimear Mathews	IRL	0:30:01	13	20:00	3:42	13	1:21:35	14	29.42	2:32	11	0:52:10	12	5:12	2:49:59	0:25:23
14	1570	Linda Keers	IRL	0:32:27	16	21:37	5:38	15	1:28:00	15	27.27	4:59	16	1:07:40	15	6:45	3:18:43	0:54:07
15	1519	Mariola Garcia-Gutierrez	ESP	0:30:20	15	20:12	6:34	16	1:38:46	16	24.30	4:49	15	1:01:28	14	6:08	3:21:55	0:57:19
DNF	1526	Rhona Makepeace	GBR	0:27:02	8	18:00	2:50	3	1:08:26	4	35.08	2:39	12		0			
DNF	1528	Beccy May	GBR		0			0		0			0		0			

EC: Olympic: EC Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1428	Reto Schawalder	SUI	0:20:24	1	13:35	2:39	3	0:57:17	1	41.91	1:59	4	0:41:26	3	4:08	2:03:43	
2	1427	Alfi Caprez	SUI	0:20:28	2	13:38	3:05	17	0:58:00	2	41.38	2:14	11	0:41:45	5	4:10	2:05:29	0:01:46
3	1411	Martin Kerry	GBR	0:23:22	10	15:34	2:56	13	1:00:13	3	39.86	2:13	9	0:43:20	8	4:19	2:12:02	0:08:19

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
4	1416	Jez Smedley	GBR	0:23:28	11	15:38	2:45	4	1:00:25	4	39.73	2:19	15	0:43:44	9	4:22	2:12:39	0:08:56
5	1423	John Bruton	IRL	0:23:18	9	15:31	2:36	2	1:02:04	6	38.68	2:09	7	0:43:15	7	4:19	2:13:20	0:09:37
6	1413	Simon Osborne	GBR	0:25:32	15	17:01	2:30	1	1:03:15	11	37.95	1:52	1	0:40:18	2	4:01	2:13:25	0:09:42
7	1421	Peter Zoller	GER	0:21:26	3	14:17	2:56	12	1:02:26	9	38.45	1:55	2	0:44:50	12	4:28	2:13:31	0:09:48
8	1403	Shaun Colgan	GBR	0:23:00	6	15:19	2:45	5	1:01:07	5	39.28	2:26	18	0:44:58	13	4:29	2:14:13	0:10:30
9	1407	Brad Gilbert	GBR	0:23:07	7	15:24	2:49	7	1:02:17	7	38.54	2:19	16	0:44:39	11	4:27	2:15:09	0:11:26
10	1405	Michael Derrane	GBR	0:23:12	8	15:27	2:54	10	1:03:47	12	37.63	2:45	23	0:42:42	6	4:16	2:15:19	0:11:36
11	1412	Chris Mellor	GBR	0:25:48	16	17:12	3:00	14	1:04:41	13	37.11	2:10	8	0:40:11	1	4:01	2:15:49	0:12:06
12	1420	Nic Wright	GBR	0:24:55	13	16:36	3:20	21	1:02:21	8	38.50	2:16	12	0:47:08	17	4:42	2:19:58	0:16:15
13	1410	Ian Imeson	GBR	0:25:59	18	17:18	2:48	6	1:06:21	16	36.18	1:57	3	0:43:50	10	4:22	2:20:53	0:17:10
14	1422	Marcus Allen	IRL	0:28:43	22	19:08	2:50	9	1:02:49	10	38.21	2:05	6	0:46:16	16	4:37	2:22:41	0:18:58
15	1404	Stuart Collins	GBR	0:25:03	14	16:41	3:05	18	1:07:31	20	35.55	2:03	5	0:45:27	15	4:32	2:23:06	0:19:23
16	1426	Michael Ryan	IRL	0:27:42	20	18:27	3:01	15	1:05:07	14	36.86	2:14	10	0:45:23	14	4:32	2:23:25	0:19:42
17	1406	Harry Dowdell	GBR	0:30:14	23	20:08	3:12	19	1:06:35	17	36.05	2:27	19	0:41:27	4	4:08	2:23:53	0:20:10
18	1400	Javier Catasus	ESP	0:22:58	5	15:18	3:14	20	1:10:10	24	34.21	2:48	24	0:47:41	19	4:46	2:26:49	0:23:06
19	1418	Mike Whitworth	GBR	0:22:09	4	14:45	3:04	16	1:06:47	18	35.94	2:29	21	0:52:44	24	5:16	2:27:11	0:23:28
20	1414	Phil Parr-Burman	GBR	0:24:46	12	16:30	2:49	8	1:07:13	19	35.71	2:21	17	0:50:14	23	5:01	2:27:21	0:23:38
21	1408	David Gilkes	GBR	0:26:04	19	17:22	3:23	23	1:08:46	22	34.91	2:37	22	0:48:13	20	4:49	2:29:01	0:25:18
22	1419	Paul Winter	GBR	0:28:40	21	19:06	3:32	24	1:08:56	23	34.82	2:28	20	0:48:52	21	4:53	2:32:27	0:28:44
23	1415	Andy Robinson	GBR	0:31:22	25	20:54	3:22	22	1:08:08	21	35.23	2:18	14	0:47:36	18	4:45	2:32:45	0:29:02
24	1425	Eamonn Moloney	IRL	0:30:24	24	20:15	4:14	25	1:15:51	25	31.65	2:49	25	0:49:57	22	4:59	2:43:13	0:39:30
25	1401	Dominique Frizza	FRA	0:33:27	26	22:17	4:31	26	1:42:44	26	23.36	4:25	26	1:01:53	25	6:11	3:26:58	1:23:15
DNF	1409	Dean Hardie	GBR	0:25:54	17	17:15	2:55	11	1:06:07	15	36.30	2:18	13		0			
DNF	1402	Alan Bremner	GBR		0			0		0			0		0			
DNF	1417	Nick Speed	GBR		0			0		0			0		0			
DSQ	1424	Gerry Devaney	IRL		0			0		0			0		0			

EC: Olympic: EC Women 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1539	Beverley Childs	GBR	0:26:01	3	17:20	3:12	8	1:08:14	1	35.17	2:11	2	0:48:24	4	4:50	2:28:00	
2	1542	Tamar Coleman	GBR	0:26:02	4	17:21	3:08	5	1:10:07	2	34.24	2:32	7	0:48:09	3	4:48	2:29:56	0:01:56
3	1545	Joan Lennon	GBR	0:26:53	5	17:55	2:59	3	1:12:22	3	33.17	2:16	4	0:45:29	1	4:32	2:29:57	0:01:57
4	1544	Katrina Kemp	GBR	0:26:56	6	17:57	2:58	2	1:13:32	7	32.64	2:09	1	0:46:48	2	4:40	2:32:22	0:04:22
5	1538	Jane Bell	GBR	0:25:02	2	16:41	3:10	7	1:12:47	5	32.98	2:28	6	0:49:07	5	4:54	2:32:32	0:04:32
6	1380	Barbara Kutschbach	AUT	0:23:19	1	15:32	3:09	6	1:16:11	12	31.51	2:52	13	0:52:18	9	5:13	2:37:47	0:09:47
7	1547	Ruth Miller	GBR	0:29:04	14	19:22	3:24	10	1:13:27	6	32.68	2:39	10	0:49:52	7	4:59	2:38:24	0:10:24
8	1548	Rachel Ward	GBR	0:29:03	13	19:21	2:38	1	1:12:39	4	33.04	2:14	3	0:52:30	10	5:14	2:39:03	0:11:03
9	1550	Bernie Gribbin	IRL	0:27:20	9	18:12	4:19	16	1:15:44	10	31.69	2:55	14	0:49:44	6	4:58	2:40:00	0:12:00
10	1549	Heather Bamford	IRL	0:27:09	7	18:05	3:46	12	1:13:47	9	32.53	2:44	11	0:54:37	12	5:27	2:42:00	0:14:00
11	1562	Deborah Evers	GBR	0:28:20	11	18:53	3:55	15	1:15:45	11	31.69	2:22	5	0:53:33	11	5:21	2:43:53	0:15:53
12	1551	Trish Nicholls	IRL	0:28:11	10	18:46	3:00	4	1:18:42	14	30.50	2:56	15	0:51:45	8	5:10	2:44:32	0:16:32
13	1540	Liz Clegg	GBR	0:29:03	12	19:21	3:52	14	1:13:40	8	32.58	2:51	12	0:55:52	14	5:35	2:45:16	0:17:16
14	1546	Patricia McPherson	GBR	0:31:38	16	21:05	3:28	11	1:17:05	13	31.14	2:34	9	0:58:40	16	5:51	2:53:22	0:25:22
15	1541	Philippa Cockman	GBR	0:30:18	15	20:12	3:50	13	1:26:22	15	27.79	2:33	8	0:54:43	13	5:28	2:57:44	0:29:44
16	1537	Louise Alan Smith	GBR	0:27:12	8	18:07	3:15	9	1:35:04	16	25.25	3:00	16	0:56:12	15	5:37	3:04:41	0:36:41

EC: Olympic: EC Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1432	Andrew Girling	GBR	0:25:48	8	17:11	3:34	10	1:00:26	1	39.72	2:07	2	0:43:05	2	4:18	2:14:59	
2	1442	Jim Corbett	IRL	0:24:26	3	16:16	2:41	1	1:01:25	2	39.08	2:08	3	0:45:30	4	4:32	2:16:08	0:01:09
3	1431	Rob Caune	GBR	0:23:07	1	15:24	3:19	6	1:02:43	3	38.27	2:29	9	0:45:39	5	4:33	2:17:15	0:02:16

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
4	1444	Stephen O Toole	IRL	0:31:29	16	20:58	2:51	2	1:05:46	6	36.49	1:53	1	0:42:45	1	4:16	2:24:42	0:09:43
5	1434	Jonathan Greenwood	GBR	0:25:59	9	17:19	2:55	3	1:06:37	7	36.03	2:17	5	0:47:12	8	4:43	2:24:58	0:09:59
6	1445	Gary Swenarton	IRL	0:28:48	14	19:11	3:11	4	1:05:29	5	36.65	2:27	7	0:46:16	7	4:37	2:26:10	0:11:11
7	1433	David Green	GBR	0:28:00	12	18:39	3:45	12	1:07:56	9	35.33	2:14	4	0:46:06	6	4:36	2:27:59	0:13:00
8	1430	Adrian Brown	GBR	0:25:00	5	16:39	3:20	8	1:08:01	10	35.29	2:29	8	0:50:38	14	5:03	2:29:26	0:14:27
9	1429	Alistair Asher	GBR	0:23:19	2	15:32	4:26	15	1:03:17	4	37.93	3:13	16	0:56:15	15	5:37	2:30:28	0:15:29
10	1436	Gavin Kewley	GBR	0:26:28	10	17:38	3:29	9	1:08:05	11	35.26	2:40	10	0:49:58	12	4:59	2:30:37	0:15:38
11	1439	Malcolm Sloane	GBR	0:25:42	7	17:07	3:38	11	1:09:03	12	34.76	3:00	13	0:49:43	11	4:58	2:31:04	0:16:05
12	1437	Christopher Owens	GBR	0:25:34	6	17:02	3:56	14	1:12:40	14	33.03	2:47	11	0:50:33	13	5:03	2:35:28	0:20:29
13	1438	Chris Priestley	GBR	0:32:16	17	21:30	3:19	5	1:10:49	13	33.89	2:20	6	0:47:49	10	4:46	2:36:30	0:21:31
14	1435	Chris Jordan	GBR	0:24:52	4	16:34	3:19	7	1:07:32	8	35.54	2:52	12	0:58:12	17	5:49	2:36:46	0:21:47
15	1441	Vincent Clohisey	IRL	0:30:21	15	20:13	3:46	13	1:14:32	16	32.20	3:07	15	0:45:19	3	4:31	2:37:05	0:22:06
16	1440	Hans Heinz Schumacher	GER	0:28:28	13	18:58	4:43	17	1:13:56	15	32.47	3:03	14	0:47:48	9	4:46	2:37:57	0:22:58
17	1443	Ken Mathews	IRL	0:27:52	11	18:34	4:29	16	1:16:05	17	31.55	3:25	17	0:56:56	16	5:41	2:48:45	0:33:46

EC: Olympic: EC Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1559	Joan Griffin	IRL	0:29:54	1	19:55	4:08	4	1:13:55	1	32.47	2:28	1	0:48:28	1	4:50	2:38:51	
2	1555	Christine Glew	GBR	0:33:34	6	22:22	4:23	5	1:14:01	2	32.43	3:05	6	0:55:24	3	5:32	2:50:25	0:11:34
3	1553	Lynda Chase	GBR	0:31:33	2	21:01	3:53	2	1:16:42	3	31.30	2:48	3	0:56:15	4	5:37	2:51:09	0:12:18
4	1557	Anna Priestley	GBR	0:32:02	3	21:21	3:25	1	1:23:31	5	28.74	2:39	2	0:53:45	2	5:22	2:55:21	0:16:30
5	1558	Marie Casey-Breen	IRL	0:38:46	8	25:50	7:11	8	1:20:57	4	29.65	2:55	4	0:57:32	5	5:45	3:07:19	0:28:28
6	1554	Lesley Dunford	GBR	0:32:50	4	21:53	5:42	6	1:26:32	6	27.74	4:09	7	1:02:12	6	6:13	3:11:24	0:32:33
7	1552	Val Bridges	GBR	0:33:47	7	22:31	3:59	3	1:29:15	7	26.89	3:02	5	1:03:31	7	6:21	3:13:33	0:34:42
8	1556	Janet Morgan	GBR	0:32:59	5	21:58	6:29	7	1:32:27	8	25.96	4:43	8	1:11:39	8	7:09	3:28:16	0:49:25

EC: Olympic: EC Men 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1446	Klaus Kuebler	AUT	0:24:20	4	16:13	3:09	4	1:03:27	3	37.83	2:18	3	0:42:47	1	4:16	2:16:00	
2	1449	Michael Dunne	GBR	0:24:24	5	16:15	2:52	1	0:59:55	1	40.06	2:36	6	0:47:49	4	4:46	2:17:34	0:01:34
3	1452	Stuart McGowan	GBR	0:27:55	10	18:36	3:18	5	1:02:06	2	38.66	2:13	1	0:43:43	2	4:22	2:19:14	0:03:14
4	1455	Michael Smallwood	GBR	0:23:24	3	15:35	3:08	3	1:04:10	4	37.40	2:15	2	0:49:23	6	4:56	2:22:18	0:06:18
5	1454	John Pitt	GBR	0:23:17	2	15:30	3:26	6	1:09:45	5	34.41	2:31	5	0:47:19	3	4:43	2:26:16	0:10:16
6	1458	Nicholas McCabe	IRL	0:28:15	11	18:49	3:40	8	1:11:18	7	33.66	3:09	11	0:50:36	7	5:03	2:36:55	0:20:55
7	1448	David Davidson	GBR	0:25:45	7	17:09	3:33	7	1:12:52	8	32.94	2:29	4	0:53:49	10	5:22	2:38:26	0:22:26
8	1453	Chris Morgan	GBR	0:30:30	14	20:19	4:07	11	1:15:26	12	31.82	3:34	12	0:48:16	5	4:49	2:41:52	0:25:52
9	1563	Terry Brooks	GBR	0:26:12	8	17:27	4:08	12	1:14:22	9	32.28	2:50	8	0:55:23	11	5:32	2:42:53	0:26:53
10	1451	William Hammerton	GBR	0:28:39	12	19:05	3:56	9	1:10:38	6	33.99	2:38	7	0:57:50	12	5:46	2:43:38	0:27:38
11	1459	Renato Bertrandi	ITA	0:27:02	9	18:01	4:00	10	1:17:30	13	30.97	2:56	9	0:53:31	9	5:21	2:44:56	0:28:56
12	1456	Keith Walker	GBR	0:33:00	15	21:59	5:15	15	1:14:36	10	32.17	3:08	10	0:51:05	8	5:06	2:47:03	0:31:03
13	1457	Terry Windeatt	GBR	0:24:46	6	16:30	5:06	14	1:19:14	14	30.30	5:00	14	1:06:27	13	6:38	3:00:31	0:44:31
14	1450	Ron Grabner	GBR	0:29:57	13	19:57	4:18	13	1:15:22	11	31.84	3:54	13	1:08:03	14	6:48	3:01:31	0:45:31
DNF	1460	Daniel Schori	SUI	0:23:05	1	15:22	2:57	2		0					0			

EC: Olympic: EC Women 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1560	Jane Leslie	GBR	0:24:53	1	16:35	3:27	1	1:13:22	1	32.71	2:50	1	0:58:48	1	5:52	2:43:19	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Olympic: EC Men 65-69

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1463	Bill Shackcloth	GBR	0:27:24	1	18:15	3:41	3	1:07:22	2	35.63	2:40	2	0:50:52	2	5:05	2:31:57	
2	1465	Kenneth Treadwell	GBR	0:27:55	3	18:36	3:26	1	1:09:26	3	34.57	2:38	1	0:49:55	1	4:59	2:33:19	0:01:22
3	1464	Vernon Thomas	GBR	0:36:30	6	24:19	3:40	2	1:06:35	1	36.05	2:50	3	0:51:55	3	5:11	2:41:28	0:09:31
4	1462	Richard Pitcairn	GBR	0:27:48	2	18:31	4:10	4	1:15:50	5	31.65	2:55	4	0:53:00	4	5:17	2:43:41	0:11:44
5	1466	GÃ¼nter Frank	GER	0:30:21	4	20:13	4:20	5	1:14:29	4	32.23	3:17	5	0:57:58	5	5:47	2:50:23	0:18:26
6	1461	Vicente CaÃ±izares	ESP	0:34:31	5	23:00	7:05	6	1:25:51	6	27.96	4:33	6	1:06:37	6	6:39	3:18:34	0:46:37

EC: Olympic: EC Men 70-74

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1468	Peter Norman	GBR	0:38:31	2	25:40	5:01	1	1:12:10	1	33.26	2:40	1	1:01:26	1	6:08	2:59:45	
2	1469	Colin Nunnington	GBR	0:30:36	1	20:23	5:36	2	1:25:40	2	28.02	3:54	2	1:07:07	2	6:42	3:12:52	0:13:07
DNF	1467	Nigel Dimmock	GBR		0			0		0			0		0			

EC: Olympic: EC Women 70-74

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1561	Dafne Belt	GBR	0:38:18	1	25:31	7:03	1	1:32:25	1	25.97	5:04	1	1:13:57	1	7:23	3:36:44	

EC: Olympic: EC Men 75-79

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	1470	Arnott Kidd	GBR		0			0		0			0		0			

EC: Paratri: EC Men Paratri 1

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	10	Francesc Sola Garcia	ESP	0:14:08	2	18:50	4:25	1	0:39:27	1	30.42	2:39	3	0:23:36	3	4:43	1:24:14	
2	15	David Cooke	GBR	0:13:46	1	18:20	4:29	2	0:44:17	4	27.11	2:30	1	0:23:22	2	4:40	1:28:22	0:04:08
3	12	Alan Rayment	GBR		0		58:11	4	0:44:12	3	27.16	2:30	2	0:21:38	1	4:19	1:33:24	0:09:10
4	9	Rafael LÃ³pez OrdoÃ±ez	ESP	0:17:44	3	23:38	4:59	3	0:42:38	2	28.15	3:29	4	0:26:40	4	5:19	1:35:28	0:11:14
DNF	18	James Goddard	GBR		0			0		0			0		0			
DNF	11	Etienne Caprin	FRA		0			0		0			0		0			

EC: Paratri: EC Women Paratri 1

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	1	Jane Egan	GBR	0:21:46	1	29:00	5:54	1	1:03:02	1	19.04	4:15	1	0:27:49	1	5:33	2:02:43	

EC: Paratri: EC Men Paratri 2

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	13	Javier Merida	ESP	0:15:54	1	21:11	9:42	1	0:48:04	1	24.97	6:48	1	0:58:21	1	11:40	2:18:47	

EC: Paratri: EC Men Paratri 3

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	20	Sebastian Aversch	GER	0:16:43	2	22:17	3:12	1	0:34:50	1	34.46	2:41	2	0:22:35	1	4:30	1:19:59	
2	34	Steven Judge	GBR	0:13:56	1	18:33	3:16	2	0:36:12	2	33.16	2:22	1	0:25:24	2	5:04	1:21:08	0:01:09
3	19	Paul Thomas	GBR	0:18:34	3	24:44	5:46	4	0:40:55	3	29.34	4:30	4	0:40:58	3	8:11	1:50:41	0:30:42
4	16	Santos Caballero	ESP	0:21:25	4	28:32	4:56	3	0:45:03	4	26.64	4:23	3	0:42:47	4	8:33	1:58:32	0:38:33
DNF	17	Fabrice SAINT-LOUIS	FRA		0			0		0			0		0			

EC: Paratri: EC Men Paratri 4

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	26	Peter Boronkay	HUN	0:11:59	1	15:58	3:13	5	0:32:53	3	36.50	2:00	1	0:22:13	3	4:26	1:12:16	

2010 Athlone Triathlon European Championships

Results: Categories

EC: Paratri: EC Men Paratri 4

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
2	21	Toni Franco	ESP	0:15:24	5	20:31	3:07	2	0:34:10	4	35.13	2:03	2	0:20:36	1	4:07	1:15:18	0:03:02
3	27	Rob Noordzij	NED	0:12:35	2	16:45	4:04	8	0:34:16	5	35.02	2:17	4	0:24:49	6	4:57	1:17:58	0:05:42
4	14	Franck Paget	FRA	0:14:53	4	19:49	3:17	6	0:31:32	1	38.07	2:39	8	0:25:53	7	5:10	1:18:11	0:05:55
5	25	Tom Perkins	GBR	0:18:41	7	24:54	3:07	3	0:32:02	2	37.48	2:29	6	0:21:57	2	4:23	1:18:15	0:05:59
6	22	Angel Luis Merino	ESP	0:13:41	3	18:13	3:27	7	0:35:33	7	33.76	2:11	3	0:23:51	5	4:46	1:18:40	0:06:24
7	24	Ruben Sanchez	ESP	0:19:35	8	26:05	1:10	1	0:35:06	6	34.20	2:34	7	0:26:39	8	5:19	1:25:01	0:12:45
8	23	Lluis Marc Pellicer	ESP	0:18:11	6	24:13	3:10	4	0:38:05	8	31.52	2:24	5	0:23:16	4	4:39	1:25:04	0:12:48

EC: Paratri: EC Women Paratri 4

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5	Faye McClelland	GBR	0:13:41	2	18:13	2:51	1	0:37:28	1	32.03	2:02	2	0:23:55	1	4:46	1:19:55	
2	4	Clare Cunningham	GBR	0:12:44	1	16:57	2:51	2	0:38:00	2	31.58	2:23	3	0:25:20	2	5:03	1:21:16	0:01:21
3	3	Edith Dasse	FRA	0:18:23	4	24:29	2:51	3	0:39:09	3	30.66	2:02	1	0:27:34	3	5:30	1:29:57	0:10:02
4	2	Anna Baeza Dalmau	ESP	0:18:22	3	24:28	3:31	4	0:42:19	4	28.37	2:42	4	0:29:22	4	5:52	1:36:13	0:16:18

EC: Paratri: EC Men Paratri 5

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	29	Ernst Scheiber	AUT	0:12:55	2	17:12	3:42	4	0:30:15	1	39.67	2:54	4	0:24:09	1	4:49	1:13:54	
2	31	Yan Guanter	FRA	0:11:48	1	15:42	2:54	1	0:33:35	2	35.74	2:23	2	0:24:27	3	4:53	1:15:05	0:01:11
3	28	Martin Falch	AUT	0:14:25	5	19:12	3:07	2	0:34:49	4	34.48	2:48	3	0:24:10	2	4:49	1:19:16	0:05:22
4	32	Kevin Flint	GBR	0:13:58	4	18:36	3:08	3	0:34:17	3	35.02	2:17	1	0:25:58	4	5:11	1:19:36	0:05:42
5	33	Adrian Howden	GBR	0:17:05	6	22:45	4:22	5	0:38:22	6	31.29	3:03	5	0:26:20	5	5:15	1:29:10	0:15:16
6	30	Mikel Garmendia	ESP	0:13:06	3	17:26	5:35	6	0:37:44	5	31.81	4:52	6	0:32:05	6	6:24	1:33:19	0:19:25

EC: Paratri: EC Men Paratri 6

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	36	Iain Dawson	GBR	0:12:43	1	16:56	3:01	1	0:28:54	1	41.55	2:18	1	0:23:33	3	4:42	1:10:26	
2	37	Chris Goodwin	GBR	0:13:45	2	18:19	3:25	2	0:29:44	2	40.36	2:35	3	0:21:32	1	4:18	1:11:00	0:00:34
3	35	Haseeb Ahmad	GBR	0:15:44	3	20:58	3:34	3	0:32:07	3	37.37	2:34	2	0:22:57	2	4:35	1:16:54	0:06:28

EC: Paratri: EC Women Paratri 6

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	7	Charlotte Ellis	GBR	0:15:48	2	21:03	3:39	2	0:33:56	2	35.37	2:34	1	0:24:43	1	4:56	1:20:39	
2	8	Joleen Hakker	NED	0:16:11	3	21:33	4:46	3	0:31:24	1	38.22	3:00	3	0:26:54	2	5:22	1:22:14	0:01:35
3	6	Sara Butler	GBR	0:13:35	1	18:05	3:11	1	0:36:53	3	32.54	2:46	2	0:30:18	3	6:03	1:26:41	0:06:02