

# The Island

**Count:** 64    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Séverine Fillion (Sept 2016)

**Music:** The Island by Shauna McStravock

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## **Intro : 18 counts (No Tag, No Restart)**

### **[1-8] HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP**

1&2&            Touch right heel fwd, recover on right, Touch left heel fwd, recover on left  
3&4              Scuff right, Hitch right knee, right Stomp cross over left  
5&6              Touch left toe just behind right, recover on left, Touch right heel fwd  
7&8              Right back, left next to right, right fwd

### **[9-16] HEEL SWITCH, SCUFF HITCH STOMP, TOE & HEEL TOUCHES, COASTER STEP**

1&2&            Touch left heel fwd, recover on left, Touch right heel fwd, recover on right  
3&4              Scuff left, Hitch left knee, left Stomp cross over right  
5&6              Touch right toe just behind left, recover on right, Touch left heel fwd  
7&8              Left back, right next to left, left fwd

### **[17-24] HEEL GRIND & HEEL GRIND & HEEL GRIND ¼ TURN R, COASTER STEP**

1-2              Push right heel on the ground and swivel right toe to the right  
&                Recover on right next to left  
3-4              Push left heel on the ground and swivel left toe to the left  
&                Recover on left next to right  
5-6              Push right heel on the ground and swivel right toe to the right with ¼ turn right 3 :00  
7&8              Right back, left next to right, right fwd

### **[25-32] TRIPLE STEP FWD, STEP ½ TURN L, ¼ TURN L & SIDE TRIPLE, BEHIND SIDE CROSS**

1&2              Triple step left – right – left fwd  
3-4              Right step fwd, Turn ½ left (weight on left) 9 :00  
5&6              Turn ¼ left and Triple step right – left – right to right side 6 :00  
7&8              Left cross behind right, right to right, left cross over right

### **[33-40] KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, SAILOR STEP**

1&2              Kick right fwd, right next to left, left cross over right  
3&4              Kick right fwd, right next to left, left cross over right  
5-6              Rock step right to right side, recover on left  
7&8              Right cross behind left, left to left, right to right

### **[41-48] SAILOR STEP, BEHIND SIDE CROSS, PADDLE FULL TURN LEFT**

1&2              Left cross behind right, right to right, left to left  
3&4              Right cross behind left, left to left, right cross over left  
5&6&7&8        Full turn left in place started by left foot : L – R – L – R – L – R – L

**[49-56] CROSS ROCK & CROSS ROCK & STEP ½ TURN L, WALK, WALK**

- 1-2& Cross Rock right over left, recover on left, right next to left  
3-4& Cross Rock left over right, recover on right, left next to right  
5-6 Right step fwd, Turn ½ left (weight on left) 12 :00  
7-8 Walk fwd on right, on left

**[57-64] CROSS ROCK, SIDE TRIPLE STEP, CROSS ROCK, ¼ TURN L & TRIPLE FWD**

- 1-2 Cross Rock right over left, recover on left  
3&4 Triple step right – left – right to right side  
5-6 Cross Rock left over right, recover on right  
7&8 ¼ turn left and Triple step left – right – left fwd 9 :00

**START AGAIN & ENJOY !**